

100 MARATHON CLUB NORTH AMERICA

Newsletter #40 – February 24, 2015

“Megamarathoning, mutual respect and fellowship” is the theme that holds our far-flung club together. Encourage your non-member friends who have run/walked 100 or more marathons/ultramarathons to join. There are no dues. They have already paid their dues by finishing 100 or more marathons.

AWESOME, UNUSUAL AND WONDERFUL ACCOMPLISHMENTS

From the article “500 the Hard Way” in the July 2014 *Marathon and Beyond* magazine it was reported that **Steve Edwards** (N.R. Coventry, Warwickshire, UK) “set a world best for the marathons by running 500 of them in an average finish time of 3:15:12 on November 11, 2012.” Since then, “he has run a total of 635 official marathons with an average finish time of 3:18, decreasing his average finish time for 500 marathons to 3:13:48 and setting a world-best average finish time for 600 marathons of 3:16:36.”

Chuck “Marathon Junkie” Engle (Arlington, Virginia) runs 100 miles a week. He holds the record for most marathon wins by any person in the U.S. and has won a marathon in all 50 states. On April 27, 2014, he completed his 300th sub-3 hour marathon.

As of March, **Ron Fowler** (Rochester, Washington) will have run at least one mile per day for 32 years!

Per Google search, 69 year old **Larry Macon** (San Antonio, Texas) ran 239 marathons in 2013 to break his Guinness Record of most marathons run in one year for the fourth time. That’s 6,261.8 miles in the 12-month period from December 1, 2012, to November 30, 2013. In 2008 he ran 105 marathons; 2010 it was 113 marathons; 2012 the total was 157 marathons; and in the calendar year of 2013 it was 255. Today’s update: Larry is 70 years of age and ran 175 marathons in 2014!!

Suzy Seeley (Houston, Texas) has completed the 50 States with sub-four marathons. As of September 2014, her total of 157 sub four-hour marathons could be a Guinness Record for women.

Eddie “The Barefoot Bandito” Vega (Raleigh, North Carolina) has the following achievements: (1) 7 continents finisher in November 2013; (2) 2-time 50 States & DC finisher 2014; 3) Completed a barefoot marathon in all 50 States in one year; (4) Holds two Guinness World Records: “Most barefoot marathons run on consecutive days with 10” and “Most barefoot marathons run in one year with 101.”

World record holder **John “Maddog” Wallace** (Longboat Key, Florida) retired from running in May of 2014 with a total of 372 marathons that he ran in 121 different countries, the world record. A friend is currently writing a book about his marathon adventures.

After doing over 1,000 total races that included 333 marathons and ultras (11,500+ racing miles) with his artificial knee. **Bill Whipp** (Harrison, Ohio) had it replaced on November 18, 2014. A few weeks later on December 16th he became “totally bionic” when his other knee was replaced.

50 STATES FINISHERS

FIRST TIME – **Tom Craven** (Honolulu, Hawaii) October 6, 2013; **Eddie Hahn** (Crestline, California) October 5, 2014; **Julia Khovasechko** (Portland, Oregon) January 19, 2014; **Cade Remburg** (West Des Moines, Iowa) November 17, 2013.

SECOND TIME – **Elaine Green** (Carmel, Indiana) November 16, 2013; **Deborah Ingram** (Gainesville, Florida) December 29, 2013; **Darwin & Terry Weimer** (Emerald Park, Saskatchewan) January 19, 2014; **Gregg Walchli** (Woodinville, Washington) October 12, 2013.

THIRD TIME – **Roger Hauge** (Excelsior, Minnesota) October 6, 2013.

FOURTH TIME – **Rich Holmes** (Durham, North Carolina) April 13, 2014; **Steve Hughes** (Little Rock, Arkansas) February 1, 2014.

FIFTH TIME – **Mike Brooks** (Danville, Maine) October 19, 2014.

SIXTH TIME – **Rich DeCamp** (Renton, Washington) February 8, 2014; **Kendal Prescott** (Decatur, Georgia) January 18, 2014.

EIGHTH TIME – **Frank Bartocci** (Rochester, Minnesota) December 14, 2013.

NINTH TIME – **Frank Bartocci** (Rochester, Minnesota) June 21, 2014.

CANADIAN PROVINCES & TERRITORIES FINISHERS

TWO TIMES – **John Lent** (Waltham, Vermont) August 10, 2014

THREE TIMES – **Rich Holmes** (Durham, North Carolina) is the first person to complete three or more marathons in each of the ten provinces and three territories of Canada. The final one was Yellowknife, Northwest Territory, on August 17, 2014. He's planning to complete a 4th time in about three years from now as he accompanies his wife Jeanne in her goal of running a half marathon in the ten provinces and three territories.

NUMBERS AND NAMES

150 – **Janet Burgess** (Renton, Washington) July 13, 2014; **Fran Libasci** (Summit, New Jersey) April 5, 2014; **Evelyn Smith** (Rockford, Illinois) April 5, 2014.

200 – **Beth Davenport** (Santa Fe, New Mexico) January 12, 2014; **Alexis Davidson** (Brooklyn, New York) June 14, 2014; **Nick Karem** (Louisville, Kentucky) October 27, 2014; **Suzy Seeley** (Houston, Texas) January 18, 2014; **Guillermo Rios** (Ventura, California) September 14, 2014; **Ray Shaw** (Tacoma, Washington) April 5, 2014; **Julia Thorn** (Brighton Victoria, Australia) September 14, 2014 (her birthday)!

250 – Ron Fowler (Rochester, Washington) May 18, 2014; **Harry Hoffman, Jr.** (Stuart, Florida) June 14, 2014; **Dana Mosell** (Walnut, California) May 14, 2014; **Gunhild Swanson** (Spokane Valley, Washington) April 27, 2014.

300 – Janet Green (Courtenay, British Columbia) May 4, 2014; **Cheryl Murdoch** (Pensacola, Florida) March 9, 2014.

350 – Jack Brooks (St. Albans, United Kingdom) October 13, 2014; **Chuck Engle** (Arlington, Virginia) September 13, 2014; **Bill Whipp** (Harrison, Ohio) June 14, 2014.

450 – Rich Holmes (Durham, North Carolina) May 27, 2014.

500 - Gina Little (London, England) September 17, 2014.

600 – Frank Bartocci (Rochester, Minnesota) February 26, 2014; **Eugene DeFronzo** (Cheshire, Connecticut) September 19, 2014; **Steve Boone** (Humble, Texas) January 18, 2015.

1,000 – HENRY RUE DEN (DePere, Wisconsin) September 21, 2014. He’s the third U.S. member to reach this goal.

1,300 – JIM SIMPSON (Huntington Beach) California, September 18, 2014. He was the first U.S. member to reach the goal of 1,000 and **Larry Macon** (San Antonio, Texas) was the second.

THE 100 MARATHON CLUB FROM “A TO W”

New members **Ron Adams** (North Vancouver, British Columbia) and **Herb Allen** (Bainbridge Island, Washington) were welcomed as new members at the reunion meeting at the Selah Civic Center in Selah, Washington, on April 4, 2014. Herb was there to complete his 100th the next day at the 14th annual Yakima River Canyon Marathon (YRCM).

Lois Berkowitz (Riverview, Michigan) wrote a great article about the YRCM that appeared in the January/February 2014 *Marathon & Beyond* magazine. On April 19, 2014, **Roger Biggs** (Stevenage, United Kingdom) stepped down as the chairman of the 100 Marathon Club United Kingdom. He continues to run marathons world wide, and we appreciate receiving postcards he’s been sending us from his travels. Good to hear from **Jim Bitgood** (Laurel, Maryland). Have you seen **Paula Boone** (Humble, Texas) wearing her “monkey” outfit? Good to hear from **John Bozung** (Orem, Utah) On September 13, 2013, **Jim Boyd** (Aberdeen, Washington) ran marathon #360 as he celebrated running marathons for half of his life....first one at age 36, this one at age 72. Does anyone know where **Lois Brown** is? We need her current e-mail and snail mail addresses. This is the interesting update from **Jack Brooks** (St. Albans, United Kingdom)....(1) In **Kathrine Switzer’s** book *26.2 Marathons* he’s pictured with friends in a photograph taken at the Cracow Marathon: (2) He met up with **Jim Scheer**

(Vancouver, Washington) at the Valley of the Giants Marathon in California; (3) He completed marathon #340 and Country #31 in Copenhagen. Good to hear from **Mike Brooks** (Danville, Maine).

Good to hear from: **Sue Cammack**, widow of member **Chuck Cammack** (Albany, Oregon), **Eliot Collins** (Raritan, New Jersey), **Jim Collins** (Sarasota, Florida) and **John Connor** (Louisville, Kentucky). **Harold Copeland** (Richland, Washington) will celebrate his 95th birthday on March 27, 2015. He misses the running he did in years past.

Susan Daley (Chicago, Illinois) is getting close to Marathon #500! **Beth Davenport** (Santa Fe, New Mexico) was the first person to register for the 15th annual YRCM on March 28, 2015. By March of 2014 **Rich DeCamp** (Renton, Washington) had completed 344 marathons. Congratulations to **Carol Dellinger** (Spokane, Washington) who became a **5 Year** breast cancer survivor. **Bob Dolphin** (Renton & Yakima, Washington) sends his "THANKS" to all who wished him a "Happy 85th Birthday" on October 4, 2014. Many of you remember his 80th birthday five years ago when you joined him to celebrate and run the Portland Marathon on October 4, 2009. As a member of the 100 Marathon Club Germany a "short news about his 85th birthday" was featured on their club's website and in their newsletter magazine. He's now a member of the 100 Marathon Club France, too.. Thanks go to "adopted grandson" **Michael Dutton** (Marysville, Washington) who was in charge of the early start for the YRCM on April 5, 2014, his 44th birthday. He then ran the race with the regular starters..

Eb Engelmann (Salem, Oregon) is our first houseguest to register for the March 28, 2015, YRCM.

It was good to see **Evan Fagan** (Victoria, British Columbia) at the 2014 YRCM. A big THANK YOU goes to **Ron Fowler and his wife Nancy** (Rochester, Washington) who are doing a great job of updating the roster on a monthly basis and introducing new members (via our website). Be sure to send your updates to them at SodaBottles@yahoo.com.

Good to receive postcards from **Peter Graham** (London, England) when he was in the U.S. for a Minnesota marathon. He was the secretary of the 100 Marathon Club United Kingdom when he ran the inaugural YRCM on March 31, 2001. It was that day that he asked Team Dolphin to form the 100 Marathon Club North America. Good to hear from **Raef Guirges** (Torrance, California).

Good to hear from **Jeff Hagen** (Yakima, Washington). Marathon Maniac #184 **Eddie Hahn** (Crestline, California) wore bib #184 for his 184th marathon the day before he finished his 50th State on October 5, 2014, at the Maine Marathon.. His motto was: "Portland, Oregon, to Portland, Maine, 30 years, 50 States." **Randy Hansen and his wife Lisa** (Estherville, Iowa) were married in 2005. He finished the States in 2002 and is running them again with Lisa. As of May 2014, his total was 172 marathons and hers was 50+. She's hoping to become a club member soon. It was good to hear from **Al Harmon** (Vancouver, British Columbia) about the new singlets.....and from **Roger Hauge** (Excelsior, Minnesota). As of January 7, 2015, **Harry Hoffman, Jr.** (Stuart, Florida) has a total of 261 marathons. **Rich Holmes** (Durham, North Carolina) plans to run Marathon #500 at the Eugene Marathon in Oregon when his wife Jeanne completes a half marathon in all 50 States. It was good to welcome **Raymond Hoyle** (Watford Herts, United Kingdom) to the April 5, 2014, YRCM. **Gregory Hunter** (St. Helena, California) ran his 20th consecutive Boston Marathon, his 110th marathon overall, on April 21, 2014. He let us know about an article by Austen Schempp at <http://www.runnersworld.com/fun/the-four-major-marathon-clubs>, titled "The Four Major Marathon Clubs" and published July 23, 2014. "There are two

things that are indisputable about these groups! They love traveling and they love running even more!” The four listings are: (1) 50 States Marathon Club; (2) Seven Continents Club; (3) 100 Marathon Club North America; (4) Marathon Maniacs.

Good to hear from **Donna Jacobs** (Grifton, North Carolina) about her response to the singlets. It was good to welcome **Lien James** (Washington, DC) to the 2014 YRCM. Recent highlights for **David Jones** (Seattle, Washington) were his **retirement** from the U.S. Postal Service and his **marriage** to Linda Lou Abendroth.

Elaine Koga-Kennelly (Newman Lake, Washington) race director for the Spokane Windermere Marathon, and her husband **Paul Kennelly** came from the Spokane area to volunteer Friday and all day Saturday for the 14th annual YRCM on April 5, 2014. Good to hear from **Sharon Kerson** (Culver City, California) and **Andy Kotulski** (Montclair, New Jersey). Congratulations to **Jim Kunz and his wife Jean** (Seattle, Washington) upon the birth of their first grandchild **Andre Neal Kunz** on August 5, 2014.

Good to hear from **Wendell Lefave** (Williamston, Ontario), **Mary Lenare** (Sarasota, Florida) and **Fran Libasci & Tom Brand** (Summit, New Jersey).about the new singlets. Great to have **Fran & Jim** join us at the YRCM no-host breakfast on April 6, 2014. Good to hear from **Stephen Love** (Mansfield, Washington).

.....and from **Jon & Sherry Mahoney** (Vernon, British Columbia) who are still running many marathons all over the world. A belated “Happy 94th Birthday” to **Don McNelly** (Rochester, New York) who was born on Armistice Day (now known as Veterans Day) on November 11, 1920. Nowadays he walks his races and says that most of the time he’s the last one to cross the finish line. He quietly set records when he ran a total of 295 marathons in his 70’s and in his 80’s when he added 177 more. He frequently visits with 83 year old **Norm Frank** (Rochester, New York) whose running career was cut short by a stroke after he had completed 965 marathons and at that time had run more marathons than anyone else in North America. **Phil Min** (Mt. Olive, Alabama) is getting close to Marathon #200. It was good to welcome **Alan Morton** (Tywyn Gwynedd, Wales) to the 2014 YRCM. Because it takes him longer to complete marathons now, **K-G Nystrom** (Sjuntorp, Sweden) let us know that he has ended his marathon running. He still enters time races.

A big THANK YOU goes to Marathon Maniac #3 **Tony Phillippi** (Tacoma, Washington) who updates the roster as soon as he receives the input from **Ron & Nancy Fowler** early each month. Another THANK YOU for making the new singlet happen. The response to it has been great!

THANK YOU to **Cheri Pompeo** (Woodinville, Washington), who sends certificates to the new members and other certificates as special goals are met. If you want a certificate when you reach a specific milestone, send her an e-mail at cpompeo@frontier.com. **Walt Prescott** (Decatur, Georgia) continues to update the World Megamarathon Ranking List. If you have run 300+ marathons, send your updates to him at runninglongnh@yahoo.com.

Good to receive frequent phone calls etc. from **Fenny Roberts** (Salem, Oregon). **Ashis Roy** (Delhi, India & Alexandria, Virginia) has written another book. This one is titled “*Wonderful Joys of Running*” and was published in February 2014. Because of health challenges, he’s now walking half marathons.

On January 24, 2015, he was awarded “The Lifetime Achievement Award” that conferred upon him the title of ”Salt of the Earth” in recognition of his contribution to running as a sport in India, and touching lives of countless runners!

We appreciate the postcards that **Mario & Doris Sagasser** (Henstedt-Ulzburg, Germany) sent us from running marathons in Sofia (Bulgaria), Budapest (Romania) and Jerusalem. Mario is the president of the 100 Marathon Club Germany. **Ray Scharenbrock** (South Milwaukee, Wisconsin) is still a world-wide adventurer and lets us know about his exciting travels. It was the Portland Rock ‘n’ Roll Half Marathon in Portland last June that **Jim Scheer** (Vancouver, Washington) passed out on the course, was taken to a Portland hospital, didn’t let friends or relatives know where he was until two days later when he returned home. Since then he’s been able to run a few marathons and continue his soccer refereeing on a limited basis. We wish him well as he faces his current health challenges. **Allen Smith** (Sun Valley, California) is enjoying his new club T-shirts. There is an **amazing story** about **Gunhild Swanson**, (Spokane Valley, Washington) that was profiled on December 28, 2014, at the following: <http://www.irunfar.com/2014/12/werunfar.profile-gunhild-swanson.html#idc-container> .

It had been four years since **Annie Thiessen** (Tacoma, Washington) had run our YRCM, so it was extra special to hug her at the finish line on April 5, 2014, as she became the second woman overall in the race. Her picture on the course that day is on the cover of the June 2014 issue of *Northwest Runner* magazine. THANKS to **Cathy Troisi** (Cohoes, New York) for walking every step of the 26.2 mile 2014 YRCM with **Bob Dolphin** as he completed marathon #502, Good to hear from **Bill Torsen** (Bellevue, Washington).

One week after **John “Maddog” Wallace** (Longboat Key, Florida) retired last May he joined my “Cadillac Pacemaker Club” by getting an ICD (Implantable Cardioverter Defibrillator).....the club that **Jim Scheer** joined last October. We wish them both well and hope that the new devices won’t be needed!

KEEP THOSE UPDATES COMING!!

Please send your news to both e-mail addresses:

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