

Newsletter #95 – September 1, 2019

NEWSLETTER DISTRIBUTION

New issues of the 100 Marathon Club North America newsletters are posted monthly at <u>http://www.100marathonclub.us/newsletter.html</u>. Please add this link to your "favorites" list and check for the latest newsletter soon after the first of each month. Once the roster is updated and a new newsletter is in place, an announcement message is also posted on the club's Facebook page.

NEWSLETTER ARCHIVE

All previous 100 Marathon Club North America newsletters are archived and accessible via our web site page should you miss an issue or want to review an earlier edition.

100 MARATHON CLUB NORTH AMERICA SUPPORT

The 100 Marathon Club North America has no dues. Club expenses are met by donations and the small profit generated from the sale of shirts, pins (in increments of 100), and personalized medallions. The "Merchandise" button on our web site's Home page makes it easy to find club items. In addition to singlets (pictured below) and short and long sleeve tee shirts, here are examples of the types of pins and medallions available to members.

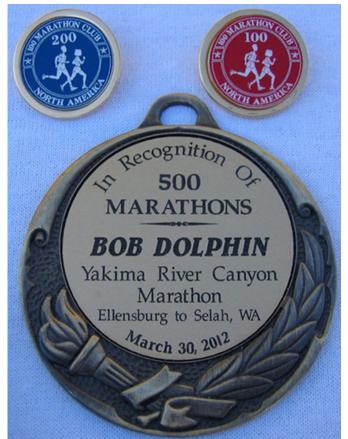
To make a donation or purchase, contact Bob and Lenore Dolphin via EMail to:

dolphinmteam@earthlink.net.

Make checks payable to Lenore Dolphin and mail them to:

Lenore Dolphin 310 South 50th Avenue Yakima WA 98908

100 MARATHON CLUB NORTH AMERICA SINGLETS



Official men's and women's 100 Marathon Club North America singlets can be ordered via the "Maniac Gear/Dues" portion of the MarathonManiacs.com web site. These attractive, blue and white singlets were professionally designed and feature images of both United States and Canadian flags.



UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

Attention 100 Marathon Club North America member marathon and ultra-marathon race directors: to publicize your event(s), EMail us information about your race(s).

These upcoming marathons/ultras are directed by club members:

09-08-19 – Skagit Flats Marathon, Burlington, WA. Information: www.databarevents.com/skagitflats

10-12-19 – 10th Annual Defiance 50K, Tacoma, WA – **Tony Phillippi.** Information: http://defiance50k.com/events/registration-in

04-04-20 – Yakima River Canyon Marathon, Selah, WA – **Bob and Lenore Dolphin.** The 20th edition of this great event will host the annual 100 Marathon Club North America reunion meeting Friday, April 3rd at 1600 in the Senior Room of the Selah Civic Center race headquarters. Registration is on-line only. More information: www.yakimarivercanyonmarathon.com.

05-02-20 – Ghost of Tacoma Marathon, Tacoma, WA – **Tony Phillippi.** Information: www.tacomacitymarathon.com

05-03-20 – 14th annual Michelob Ultra Tacoma City Marathon, Tacoma, WA – **Tony Phillippi.** Information: www.tacomacitymarathon.com **WELCOME NEW MEMBERS!**

For the first time in several years there are no new members to report this month. Total 100 Marathon Club North America membership continues at 637.

MEMBER UPDATES

I am saddened to report the passing of Nancy Fowler, my wife and co-associate 100 Marathon Club Director. Nancy lost her 10+ year long, valiant battle with Chronic Lymphocytic Leukemia (CLL) and coronary artery disease on August 18, 2019. We were best friends for 57 years and married since 2010. Nancy's obituary is posted at

https://www.dignitymemorial.com/obituaries/tumwater-wa/nancy-fowler-8824006

Please send roster and member updates to <u>both</u> of these EMail addresses:

- ★ Bob and Lenore Dolphin: <u>dolphinmteam@earthlink.net;</u> and
- ★ Ron Fowler: <u>SodaBottles@yahoo.com</u>

509-966-0188

Bob and Lenore Dolphin 310 South 50th Avenue Yakima WA 98908

Ron Fowler PO Box 158 Littlerock WA 98556-0158