

Newsletter #90 – April 1, 2019



## NEWSLETTER DISTRIBUTION

New issues of the 100 Marathon Club North America newsletters are posted monthly at <http://www.100marathonclub.us/newsletter.html>. Please add this link to your "favorites" list and check for the latest newsletter soon after the first of each month. Once the roster is updated and a new newsletter is in place, an announcement message is also posted on the club's Facebook page.

## NEWSLETTER ARCHIVE

All previous 100 Marathon Club North America newsletters are archived and accessible via our web site page should you miss an issue or want to review an earlier edition.

## 100 MARATHON CLUB NORTH AMERICA SUPPORT

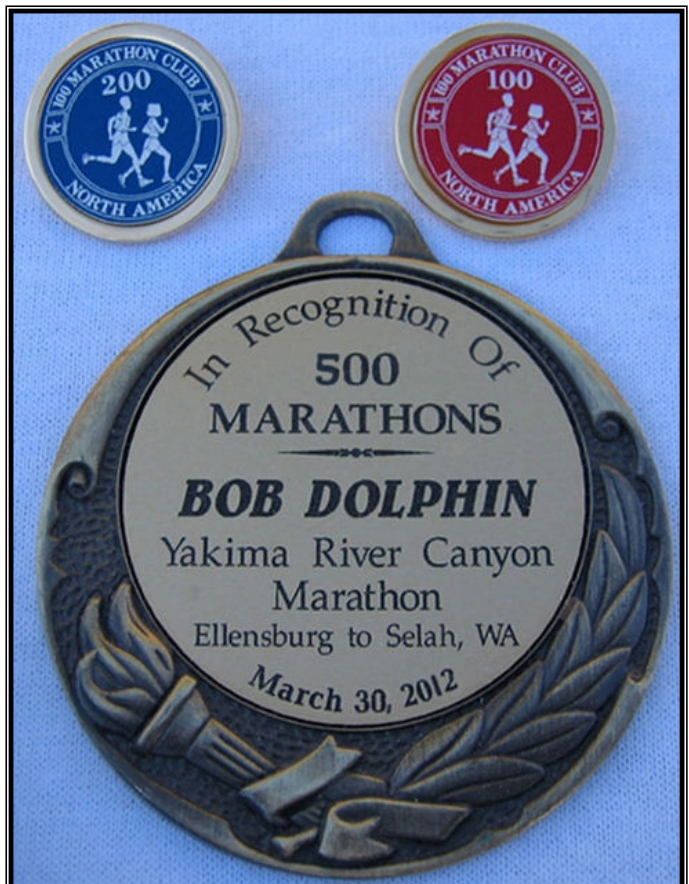
The 100 Marathon Club North America has no dues. Club expenses are met by donations and the small profit generated from the sale of shirts, pins (in increments of 100), and personalized medallions. The "Merchandise" button on our web site's Home page makes it easy to find club items. In addition to singlets (pictured below) and short and long sleeve tee shirts, here are examples of the types of pins and medallions available to members. →

To make a donation or purchase, contact Bob and Lenore Dolphin via EMail to:

[dolphinmteam@earthlink.net](mailto:dolphinmteam@earthlink.net).

Make checks payable to Lenore Dolphin and mail them to:

Lenore Dolphin  
310 South 50<sup>th</sup> Avenue  
Yakima WA 98908



## 100 MARATHON CLUB NORTH AMERICA SINGLET

Official men's and women's 100 Marathon Club North America singlets can be ordered via the "Maniac Gear/Dues" portion of the MarathonManiacs.com web site.

These attractive, blue and white singlets were professionally designed and feature images of both United States and Canadian flags.



## UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

Attention 100 Marathon Club North America member marathon and ultra-marathon race directors: to publicize your event(s), EMail us information about your race(s).

These upcoming marathons/ultras are directed by club members:

04-27-19 – Ghost of Tacoma Marathon, Tacoma, WA – **Tony Phillippi**.  
Information: [www.tacomacitymarathon.com](http://www.tacomacitymarathon.com)

04-28-19 – Tacoma City Marathon and Michelob Ultra Marathon (50K),  
Tacoma, WA – **Tony Phillippi**. Information: [www.tacomacitymarathon.com](http://www.tacomacitymarathon.com)

05-04-19 – Sunflower Trial Marathon & Relay, Mazama to Twisp, WA.  
Information: [www.databarevents.com/sunflowermarathonrelay](http://www.databarevents.com/sunflowermarathonrelay)

09-08-19 – Skagit Flats Marathon, Burlington, WA. Information:  
[www.databarevents.com/skagitflats](http://www.databarevents.com/skagitflats)

## WELCOME NEW MEMBERS!

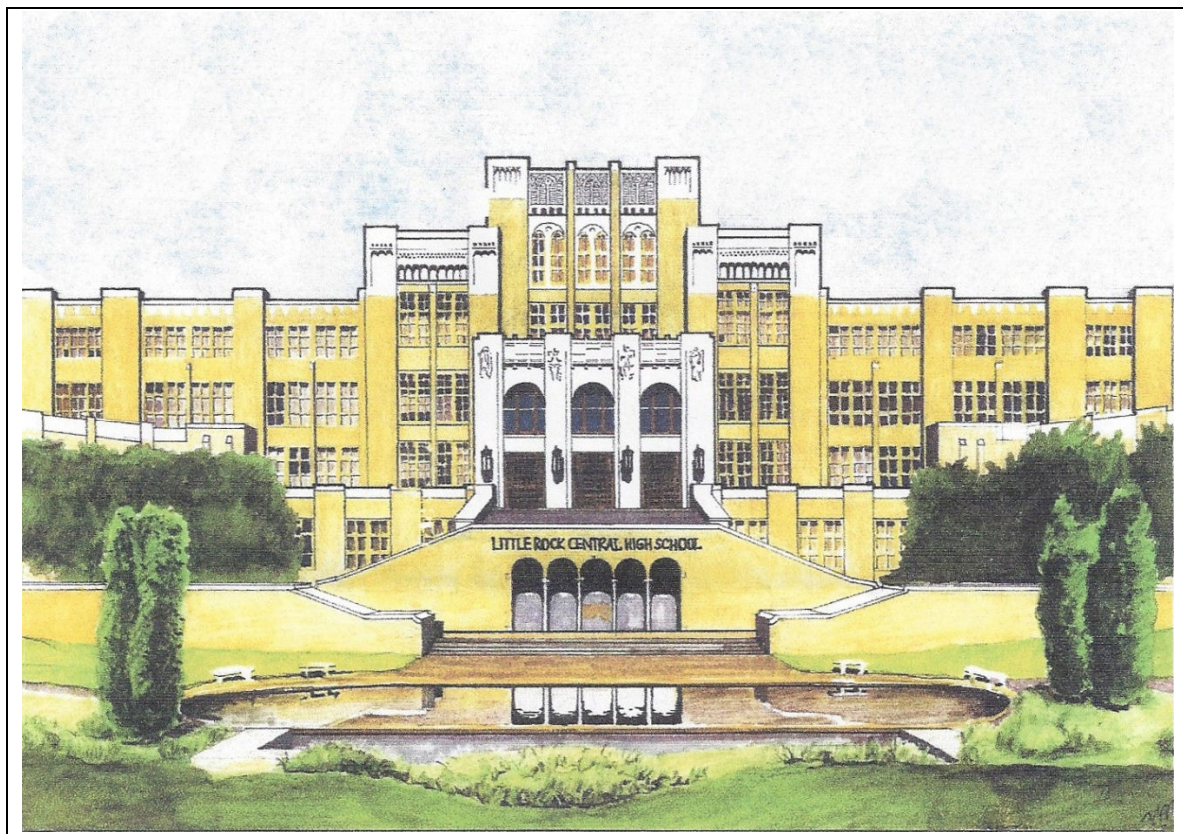
Alas, no new members were added during March, 2019. Total 100 Marathon Club North America membership remains at 628.

## MEMBER UPDATES

### WHERE IN THE WORLD IS JACK BROOKS?

**Jack Brooks** of St. Albans, Herts, England is on the marathon trail again, steadily progressing toward his 500<sup>th</sup> marathon. Here's a brief update from Jack's most recent trip to the States:

March 4, 2019 – I finally got around to running Little Rock. It made life easier that **Rich Holmes** was also coming so we could room share. 4:28 finishing time! Jack.



In the unlikely event you aren't familiar with Little Rock Central High School, here's a brief introduction from Wikipedia:

Little Rock Central High School is an accredited comprehensive public high school in Little Rock, Arkansas, United States. The school was the site of forced desegregation in 1957 after the U.S. Supreme Court ruled that segregation of public schools was unconstitutional three years earlier. This was during the period of heightened activism in the Civil Rights Movement...

In 1927 at a cost of US \$1.5 million, the city completed construction on the nation's largest and most expensive high school facility, which remains in use today. In 1953 with the construction of Hall High School, the school was renamed as Little Rock Central High School. It has since been listed on the U.S. National Register of Historic Places and named as a U.S. National Historic Landmark and National Historic Site.

## 2019 ANNUAL 100 MARATHON CLUB NORTH AMERICA MEETING

Over 20 members attended the 100 Marathon Club North America's annual meeting in conjunction with last weekend's 19<sup>th</sup> annual Yakima River Canyon Marathon. In addition to numerous members from the Pacific Northwest, others in attendance included marathoners from Wisconsin, North Carolina, Pennsylvania, Nevada, Canada, the United Kingdom, Brazil, and Czechoslovakia. As a group, those the attendees had run a total of well over 6,000 marathons and ultras!

The present club logo was patterned after the 100 Marathon Club United Kingdom logo and it has been suggested that perhaps we should consider designing something uniquely "North American." Ron Fowler, Bill Voiland, and Gunhild Swanson are seeking additional volunteers interested in providing input on possible alternative designs. If you would like to be involved, please contact Ron via EMail to [SodaBottles@yahoo.com](mailto:SodaBottles@yahoo.com).

Please send roster and member updates to both of these EMail addresses:

- ★ Bob and Lenore Dolphin: [dolphinmteam@earthlink.net](mailto:dolphinmteam@earthlink.net); and
- ★ Ron and Nancy Fowler: [SodaBottles@yahoo.com](mailto:SodaBottles@yahoo.com)

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