



Newsletter #82 – August 1, 2018

NEWSLETTER DISTRIBUTION

New issues of the 100 Marathon Club North America newsletters are posted monthly at <http://www.100marathonclub.us/newsletter.html>. Please add this link to your "favorites" list and check for the latest newsletter soon after the first of each month. Once the roster is updated and a new newsletter is in place, an announcement message is also posted on the club's Facebook page.

NEWSLETTER ARCHIVE

All previous 100 Marathon Club North America newsletters are archived and accessible via our web site page should you miss an issue or want to review an earlier edition.

100 MARATHON CLUB NORTH AMERICA SUPPORT

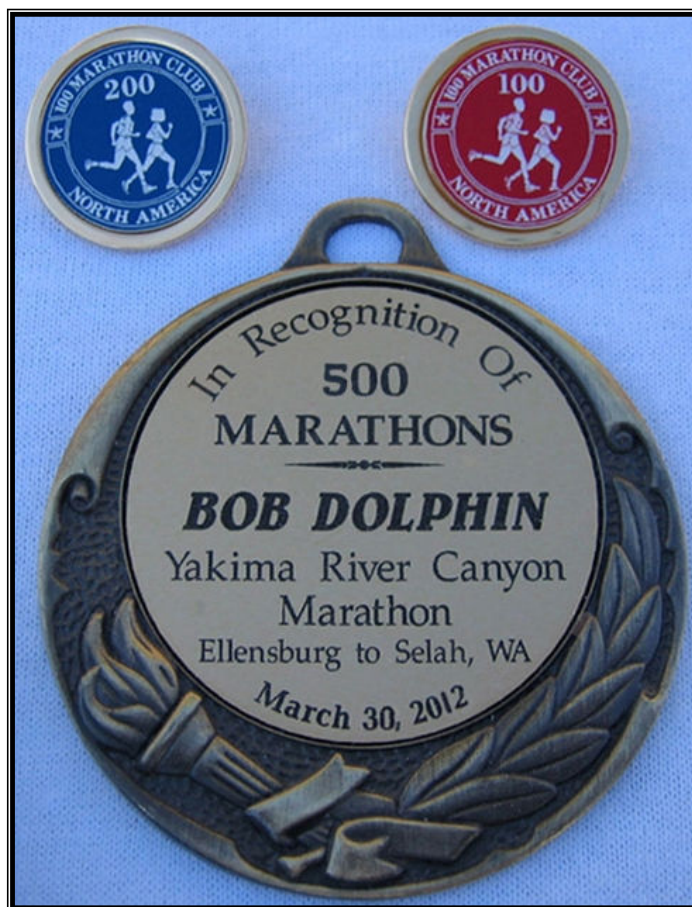
The 100 Marathon Club North America has no dues. Club expenses are met by donations and the small profit generated from the sale of shirts, pins (in increments of 100), and personalized medallions. The "Merchandise" button on our web site's Home page makes it easy to find club items. In addition to singlets (pictured below) and short and long sleeve tee shirts, here are examples of the types of pins and medallions available to members →

To make a donation or purchase, contact Bob and Lenore Dolphin via EMail to:

dolphinmteam@earthlink.net.

Make checks payable to Lenore Dolphin and mail them to:

Lenore Dolphin
310 South 50th Avenue
Yakima WA 98908



100 MARATHON CLUB NORTH AMERICA SINGLET

Official men's and women's 100 Marathon Club North America singlets can be ordered via the "Maniac Gear/Dues" portion of the MarathonManiacs.com web site.

These attractive, blue and white singlets were professionally designed and feature images of both United States and Canadian flags.



UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

Attention 100 Marathon Club North America member marathon and ultra-marathon race directors: in order to publicize your event(s), send us information about your race(s).

Here are several upcoming marathons/ultras directed by club members:

10-13-18 The Gallery Defiance 50K, Tacoma, WA - **Tony Phillippi**.
Information: www.tacomacitymarathon.com

02-16-19 Woolley Trail Runs Marathon and 50K, Sedro-Woolley, WA – **Terry and Delores Sentinella**. Information: www.databarevents.com/events/view/84

03-30-19 – Yakima River Canyon Marathon, Selah, WA – **Bob and Lenore Dolphin**. The 19th edition of this great event will once again host the annual 100 Marathon Club North America reunion. Information: <http://aasportsltd.com/event/yrcm/?RL=1>

04-27-19 – Ghost of Tacoma Marathon, Tacoma, WA – **Tony Phillippi**.
Information: www.tacomacitymarathon.com

04-28-19 – Tacoma City Marathon, Tacoma, WA – **Tony Phillippi**.
Information: www.tacomacitymarathon.com

04-28-19 – Michelob Ultra Marathon (50K), Tacoma, WA – **Tony Phillippi**.
Information: www.tacomacitymarathon.com

WELCOME NEW MEMBERS!

Kevin Rassier of Maple Grove, Minnesota ran his first marathon at the 1994 Twin Cities Marathon in Minneapolis-St. Paul, Minnesota. He chose the 2013 edition of the same race as the site for his 100th marathon. During the process of completing marathons in 50 states and DC, Kevin ran sub 4:00 in all 50 states. He averaged 3:15:36 in his first 100 marathons and has only two states to go to have run Boston qualifiers in all 50 states. Kevin has broken three hours four times, including his 2:57:04 PR set in 1998 at age 39. His current total is 115 marathons and two ultras. Kevin is a member of the Minnesota Distance Running Association.

Kevin Rassier →



The 1984 Honolulu Marathon was the first marathon for **Linda Rowe-Oneal** of Des Moines, Washington. A return trip to Hawaii for the 2017 Honolulu Marathon marked Linda's 100th marathon. In between these milestone events, she has run the Boston and Catalina Marathons four times, the Hilo Volcano Marathon, and numerous half marathons, 10Ks, and 5Ks, usually finishing in the top three for her age group. Linda established her 3:29 PR at the 1987 Honolulu Marathon at age 33. Her current total is 101 marathons.

The addition of Kevin and Linda boosts total 100 Marathon Club North America membership to 611.

MEMBER UPDATES

Congratulations to club members **Doris and Mario Sagasser** of Henstedt-Ulzburg, Germany. Doris ran her 400th marathon and Mario his 600th marathon at the Aasiaat Midnight Sun Marathon on June 29, 2018 in Greenland. They have now completed marathons in 70 countries.

John Bozung of Orem, Utah has run 441 marathons and ultras as of June 30, 2018. His consecutive months marathon streak is now at 23 years two months (278 months)!

Please send roster and member updates to both of these EMail addresses:

★ Bob and Lenore Dolphin: dolphinmteam@earthlink.net; and

★ Ron and Nancy Fowler: SodaBottles@yahoo.com

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