100 MARATHON CLUB NORTH AMERICA

Newsletter #36 - September 1, 2014

<u>UPCOMING RACES – Events Directed by Club Members</u>

and difficult course with great scenery. Tom Ripley & Chris Ralph.

September 7, 2014 - Skagit Flats Marathon, Burlington, WA, **Terry Sentinella**September 13-14, 2014 - The Plain 100 K and 100 Mile Endurance Run, Forest Service trails and roads in the Cascade Mountains in the Lake Wenatchee, Entiat and Chelan ranger districts in Washington State. There are 59 miles of trail & FS roads and 3 miles of pavement, all remote. Elevation gain and loss of 14,000 feet. Train for a fairly steep

October 19, 2014 – Metro Health Grand Rapids Marathon, Grand Rapids, MI, **Don Kern** October 26, 2014 – Stone Steps 50K Race, Cincinnati, OH, **David Corfman**

Website to Clint Burleson's races: http://www.mainlymarathons.com.....This includes 36 marathons and halves across 25 states. Center of the Nation Series, 9/17/14-9/21/14; Appalachian Series, 10/11/14-10/15/14; Day of the Dead Series: 10/27/14-11/2/14.

WELCOME New Members!

The 2013 San Francisco Marathon was the 100th for **David Bartholomew** of Walnut Creek, California. His total of 111 marathons includes qualification for the 50 States and DC club. David's PR is 3:18.

Ed Bickley of Calgary, Alberta, Canada, a 56 year old Information Technology professional, began running in 1989 in order to train for the 1990 Honolulu Marathon, his first. He started training regularly with a local running group in 1991 and has since become a competitive master's age group runner. The 2014 Calgary Marathon was Ed's 100th marathon/ultra. He has also participated in over 700 track, cross-country, and road races in various cities and countries. Fifty of Ed's marathons have been completed in under three hours, and his overall average marathon finishing time is 3:00:06. He established his PR of 2:41:24 in 1996 at age 38. Ed was inducted into the Calgary Marathon Hall of Fame in 2012, and was awarded the "Athletics Alberta Provincial Masters Athlete of the Year Award" for 2007, 2009, and 2011. He is a member of the Calgary Roadrunners in Calgary, Alberta.

The 2003 Vancouver Marathon was the first for **Rick Cooney** of Sechelt, British Columbia, Canada. Appropriately, he chose the 2014 Vancouver Marathon as his 100th. Rick set his PR of 3:20:43 at the 2008 Victoria Marathon at age 50. His list of major marathons includes New York 2007, Chicago 2009, Berlin 2010, London 2012, and Boston five times.

Alexis Davidson of Brooklyn, New York chose the 2014 Niagara Ultra Races 50K at Niagara-On-The-Lake, Ontario, Canada as the location for completion of his 200th marathon/ultra. The 2002 New Jersey Shore Marathon was his first, and the Scotiabank Blue Nose International Marathon in Halifax, Nova Scotia was his 100th. Alexis became a two-time 50 States and DC finisher at the 2014 Maui Oceanfront Marathon. He has also

finished all 10 Canadian provinces and capitals. Since turning 50, he has walked at least one marathon under five hours in 61 states, DC, and the provinces. He completed 35 marathons in 2012 and is a 10 star titanium level Marathon Maniac. Alexis set his 4:36:05 PR in 2009 at age 54. He is a member of the New York Walkers Club.

Kathleen Gorman of Sun City, Arizona completed the 2007 Honolulu Marathon as her first marathon, and notched her 100th at the 2014 Heartland Series in Bloomington, Illinois. She completed 50 States and DC in 2012 at Marshall, West Virginia. Her total of 104 races includes 103 marathons and one ultra. Kathleen set her PR of 4:55:42 in 2011 at age 62. She is a member of the Arizona Roadrunners in Phoenix, Arizona.

The 1978 Honolulu Marathon was the first for **Tom "Lucky Devil" Hallee** of Kaneohe, Hawaii, and he completed his 100th at Kona, Hawaii on June 22, 2014. During this 36 year stretch Tom became a 50 States and DC finisher in Providence, Rhode Island in 2010. His current total of 100 marathons and one ultra includes marathons in Canada, Rio de Janeiro, Berlin, Paris, London, and Australia. We don't have the details on the origin of his nickname, but we are betting there's a good story to go with it! Hmmm...maybe he's a "lucky devil" because he is enjoying running marathons all over the world?

Mike Herrin of Tremont, Illinois ran the Wisconsin Mayfair Marathon as his first marathon way back in 1975, and Rock and Roll – Las Vegas as his 100th in 2009. During his 34 years of marathoning he finished the 2006 Ironman Wisconsin, and also completed all 50 States and DC at the 2009 Marine Corps Marathon. Mike's current total is 115 marathons and ultras. He set his 3:04:42 PR in 1980 at age 31. Mike belongs to the Lake Run Club in Bloomington, Illinois.

The May 23, 2010 Edinburgh Marathon in Edinburgh, Scotland was the first for **Lisa Hewitt** of Lady Lake, Florida. Just over three years later she notched her 100th marathon at the Enigma Fireworks Marathon in Milton Keynes, England. Lisa is also a member of the 100 Marathon Club – United Kingdom. She has run marathons in Scotland, England, Iceland, and the United States. This past July she logged 80 miles in her first 24 hour race which she "absolutely loved." She has "completed 128 marathons/ultras and am looking forward to completing my first 100 miler next year." Lisa's current total includes 118 marathons and 10 ultras.

Steven Laine of Kennesaw, Georgia completed the 1997 Great Floridian Triathlon in Clermont, Florida for his first marathon. The 2014 Covenant Marathon in Knoxville, Tennessee was his 100th. He completed 50 States in 2011 at Kona, Hawaii (he hasn't done DC yet) and has knocked off 25 states a second time. His 103 races include 92 marathons and 11 ultras. Steven set his PR of 3:47:51 in 2006 at age 38. He is a member of the Darkside Running Club in Peachtree City, Georgia.

G'day mate! **Glen Lockwood** of Little Bay, New South Wales, Australia recently became the fifth 100 Marathon Club – North America member who hails from Down Under. A member of the Sydney Striders Running Club, Glen ran the 2004 Gold Coast Airport Marathon in Queensland, Australia for his first marathon. The 2014 London Marathon

was his 100th. His total of 101 races includes 44 marathons and 57 ultras. His marathon PR is 3:18:06. His extensive list of ultras includes the 2007 Western States 100 Mile Endurance Run, and the 2011 Badwater 135 Ultramarathon.

The 1989 Los Angeles Marathon was the first for **Jim Lynch** of Kihei, Hawaii. He chose the 2014 Colorado Marathon in Fort Collins for his 100th this past May 4th. In between Jim completed 50 States and DC at the 2006 Breakers Marathon in Newport, Rhode Island. He set his PR of 3:28:37 in 2002 at age 45. Jim is a member of the Valley Isle Road Runners in Maui, Hawaii.

The first 100 Marathon Club – North America member hailing from the Gem State is **Dotty Maddock** of Franklin, Idaho. Her first marathon was the 1996 Tucson Marathon, and she celebrated her 100th November 16, 2013 at the Anthem Richmond Marathon in Richmond, Virginia. Dotty completed her quest for 50 States and DC in late 2009 in Huntington, West Virginia. She established her PR of 3:28:26 in 1996 at age 42. Her current total includes 102 marathons and one ultra. Her "streak of 43 months straight of running at least one marathon a month ended in June 2010 (when I had surgery and wasn't allowed to run for six weeks). I am a 7 star (Palladium level) Marathon Maniac...having run 20 marathons in 20 states in 365 days."

Tom Perri of Maple Grove, Minnesota ran the 1993 Twin Cities Marathon in Minneapolis-St. Paul, Minnesota for his first marathon. The 2006 Montana Governor's Cup Marathon in Billings, Montana was his 100th, and the 2011 Fox Cities Marathon in Appleton, Wisconsin was his 200th. His current total is 280 marathons. He set his PR of 3:35:42 in 2007 at age 45.

The 2003 Kibiji Marathon in Soja, Okayama, Japan was the first marathon for **Robert Roach** of Trenton, Ontario, Canada. He completed his 100th at the 2014 Ottawa Marathon in Ottawa, Ontario, Canada. Robbie's total of 103 races includes 92 marathons and 11 ultras. He set his PR of 3;27:43 in 2006 at age 31. He completed the Savage Seven (seven marathons in seven days) in Winter Springs, Florida from December 26, 2012 to January 1, 2013, a challenging way to celebrate the holidays and bring in a new year!

Mary Schumann of Oshkosh, Wisconsin ran the 1991 Fox Cities Marathon in Appleton, Wisconsin for her first marathon, and chalked up her 100th at the 2014 Green Bay Running Club 8 Hour Ultra in Green Bay, Wisconsin this past June. Mary's 100 marathon total includes 95 marathons and five ultras. She completed 50 States and DC at the 2010 Maui Marathon, and is working toward completing all seven continents, having finished five so far. Mary set her PR of 3:27:14 in 1996 at age 42. She is a member of the Fond du Lac Running Club in Fond du Lac, Wisconsin.

The 2004 Marine Corps Marathon in Arlington, Virginia was the first marathon for **Larry Wasson** of North Vernon, Indiana. He completed his 100th at the 2013 Mill Race Marathon in Columbus, Indiana and has since boosted his total to 117. Larry became a 50 States and DC finisher at the 2011 Cape Cod Marathon in Falmouth, Massachussets. He set his 4:23:22 PR in 2005 at age 50.

This group of new 100 Marathon Club – North America members boosts the club's membership total to 446.

KEEP THOSE UPDATES COMING!

Please review your roster listing and send updates to both of these addresses:

- ★ Bob and Lenore Dolphin: dolphinmteam@earthlink.net
- ★ Ron and Nancy Fowler: <u>SodaBottles@yahoo.com</u>

Bob and Lenore Dolphin 10519 126th Avenue S.E. Renton, WA 98056 (425) 226-1518, Renton (509) 966-0188, Yakima (425) 681-0154, Cell

Ron and Nancy Fowler PO Box 158 Littlerock WA 98556-0158