

Newsletter #67 – May 1, 2017



## NEWSLETTER DISTRIBUTION

New issues of the 100 Marathon Club North America newsletters are posted monthly at <http://www.100marathonclub.us/newsletter.html>. Please add this link to your computer's "favorites" list and check for the latest newsletter after the first of each month. Once the roster is updated and a new newsletter is in place, an announcement message is also posted on the club's Facebook page.

## NEWSLETTER ARCHIVE

All previous 100 Marathon Club North America newsletters are archived and accessible via our web site page should you miss an issue or want to review an earlier edition.

## 100 MARATHON CLUB NORTH AMERICA SUPPORT

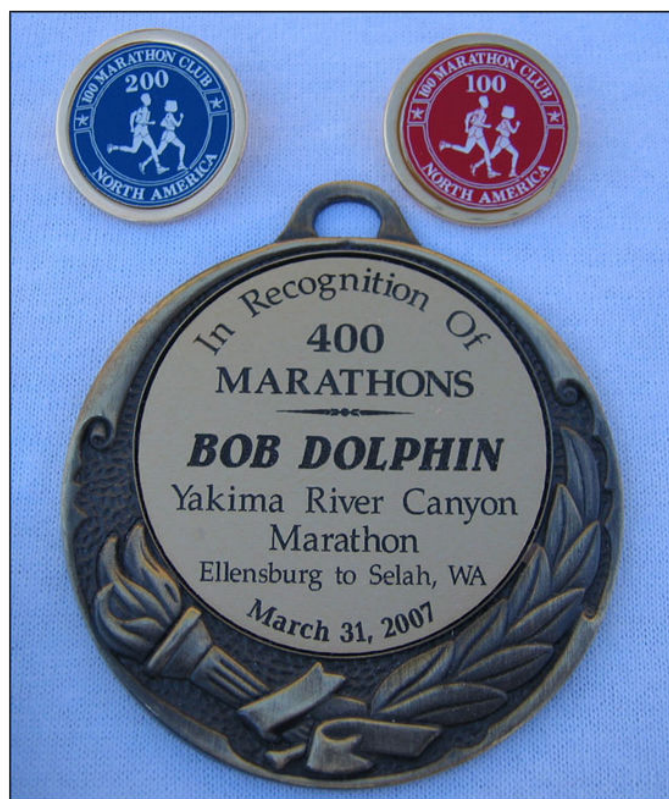
The 100 Marathon Club North America has no dues. Club expenses are met by donations and the small profit generated from the sale of shirts, pins (in increments of 100), and personalized medallions. A "Merchandise" button has been added to our web site's Home page, making it even easier to find club items. In addition to the singlets (pictured below), plus short and long sleeve tee shirts, here are examples of the types of pins and medallions that are available to members →

To make a donation or purchase, contact Bob and Lenore Dolphin via EMail to:

[dolphinmteam@earthlink.net](mailto:dolphinmteam@earthlink.net).

Please make checks payable to Lenore Dolphin and mail them to:

Lenore Dolphin  
10519 126<sup>th</sup> Avenue SE  
Renton WA 98056



## 100 MARATHON CLUB NORTH AMERICA SINGLETS

Official men's and women's 100 Marathon Club North America singlets are available for ordering via the "Maniac Gear/Dues" portion of the MarathonManiacs.com web site. These attractive, blue and white singlets were professionally designed and feature images of both United States and Canadian flags.



## UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

Attention 100 Marathon Club North America member marathon and ultra-marathon race directors: in order to publicize your event(s), you need to send us information about your race(s). Here are several upcoming marathons/ultras directed by club members:

06-03-17 – Green River Marathon, Kent, WA – **Steve Barrick**

09-10-17 – Last Chance BQ.2 Marathon, Grand Rapids, MI – **Don Kern**

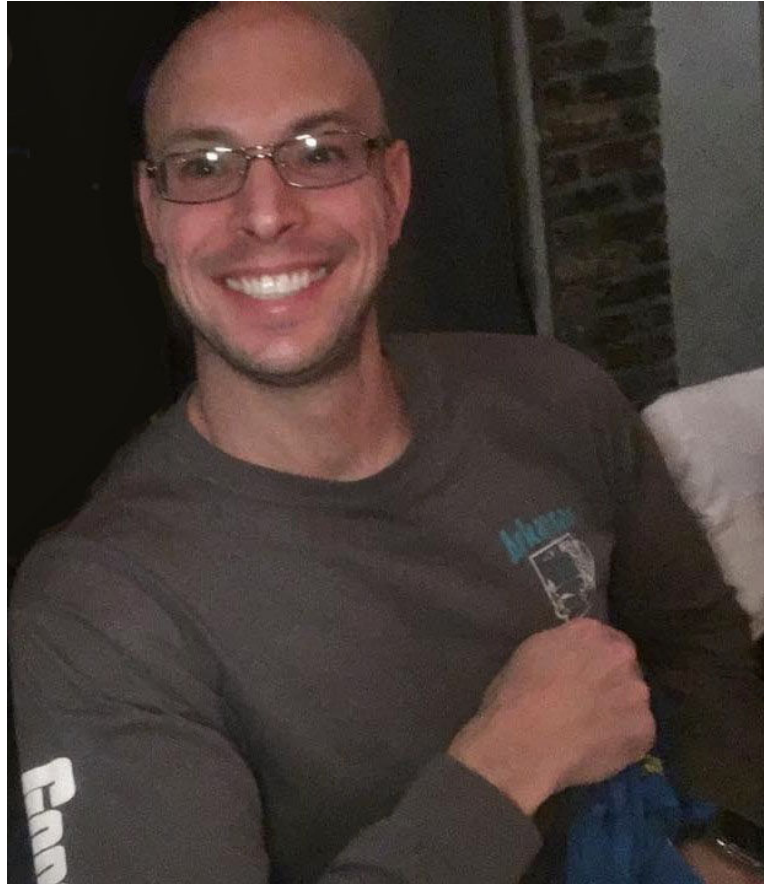
09-10-17 – Skagit Flats Marathon, Burlington, WA – **Terry and Delores Sentinella**

10-07-17 – Baker Lake 50K, Concrete, WA – **Terry and Delores Sentinella**

## WELCOME NEW MEMBERS!

**Aaron Braunstein** of Chicago, Illinois ran the 2005 Chicago Marathon as his first marathon. The 2016 Marshall University Marathon in Huntington, West Virginia was his 100<sup>th</sup>. Aaron set his 3:20:17 PR in 2016 at age 38. His current total is 103 marathons and 16 ultras. Aaron is a member of the Road To Boston Running Club in Chicago.

Here's a recent photo of Aaron →



The 2003 Los Angeles Marathon was the site 60 year old **Jay Seashore** of West Hills, California chose for his first marathon. He was obviously instantly hooked on marathoning, having since completed 50 states at Kiawah Island, South Carolina in 2008 when he was 66. His marathons

include races on three continents, nine countries, and two of the Canadian provinces. Jay was 71 when he ran his 100<sup>th</sup> at the Run With Jim Marathon, a 2014 Charlie Alewine Racing event held in Long Beach, California. He set his 4:38:25 PR in 2003 at age 60. A member of the Los Angeles Leggers Running Club, Jay's current total is 113 marathons and one ultra, the 2005 Lean Horse Ultra Marathon in Rapid City, South Dakota.

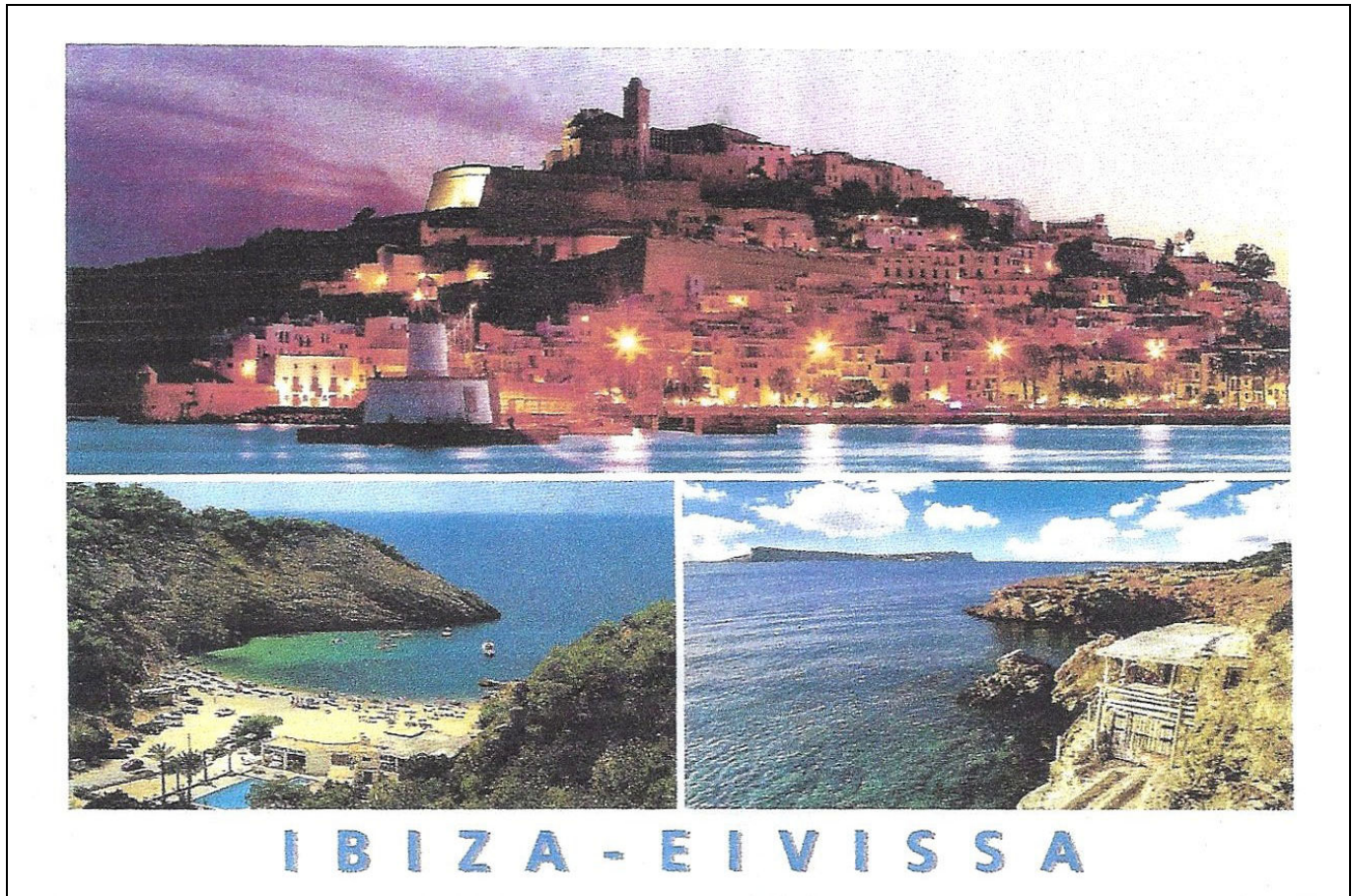
**Michael Willets** of New Carlisle, Ohio ran the 1999 Columbus Marathon in Columbus, Ohio as his first marathon. Last month's 2017 Ohio River Road Runners Club Marathon in Xenia, Ohio was the site he chose for his 100<sup>th</sup> marathon. In between these milestone events, Michael completed 50 states at the 2011 Mayor's Midnight Marathon in Anchorage, Alaska. He set his 3:25:58 PR at the 2001 Chicago Marathon when he was age 48. Michael's current total is 99 marathons and one ultra, the 2015 Hell Hath No Fury Ultra in Pittsburgh, Pennsylvania. He is a member of the Ohio River Road Runners Club in Dayton, Ohio.

The addition of Aaron, Jay, and Michael boosts the 100 Marathon Club North America membership total to 556.



## MEMBER UPDATES

After running his 878<sup>th</sup> marathon at the 2017 Yakima River Canyon Marathon, the next weekend world marathon globetrotter **Roger Biggs** of Steveage, England was off to Ibiza, an island off the east coast of Spain in the Mediterranean Sea for a new event, the Ibiza Marathon. Roger sent this postcard and message following the event:



Sunday, April 9, 2017 – Ibiza should have been my 31<sup>st</sup> island. So Rich (Holmes) gains one more on me. A knee injury I picked up in Yakima has brought me to a standstill again. Roger

**John “Maddog” Wallace** of Longboat Key, Florida pounded out another one at the 2017 Palau Marathon in the Republic of Palau, an island country in the western Pacific Ocean. This race boosts his grand total to 383 marathons in 132 countries (a world record). Check out Maddog’s trip report at <http://maddogwallace.blogspot.com/2017/04/tr-palau.html>, and several photos posted at <https://maddog.smugmug.com/Marathons/Palau/i-FcJsGs6>.

Here’s the Maddog at the finish line:





Please send roster and member updates to both of these EMail addresses:

- ★ Bob and Lenore Dolphin: [dolphinmteam@earthlink.net](mailto:dolphinmteam@earthlink.net); and
- ★ Ron and Nancy Fowler: [SodaBottles@yahoo.com](mailto:SodaBottles@yahoo.com)

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