



NEWSLETTER DISTRIBUTION

New issues of the 100 Marathon Club North America newsletters are posted monthly at <http://www.100marathonclub.us/newsletter.html>. Please add this link to your computer's "favorites" list and check for the latest newsletter after the first of each month. Once the roster is updated and a new newsletter is in place, an announcement message is also posted on the club's Facebook page.

NEWSLETTER ARCHIVE

All previous 100 Marathon Club North America newsletters are archived and accessible via our web site page should you miss an issue or want to review an earlier edition.

100 MARATHON CLUB NORTH AMERICA SUPPORT

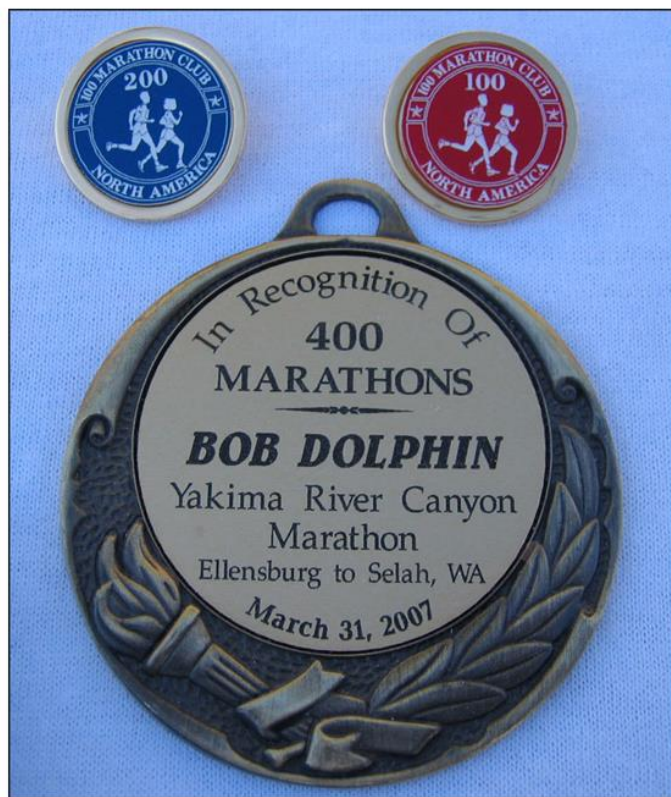
The 100 Marathon Club North America has no dues. Club expenses are met by donations and the small profit generated from the sale of shirts, pins (in increments of 100), and personalized medallions. A "Merchandise" button has been added to our web site's Home page, making it even easier to find club items. In addition to the singlets (pictured below), plus short and long sleeve tee shirts, here are examples of the types of pins and medallions that are available to members →

To make a donation or purchase, contact Bob and Lenore Dolphin via EMail to:

dolphinmteam@earthlink.net.

Please make checks payable to Lenore Dolphin and mail them to:

Lenore Dolphin
10519 126th Avenue SE
Renton WA 98056



100 MARATHON CLUB NORTH AMERICA SINGLET



Official men's and women's 100 Marathon Club North America singlets are available for ordering via the "Maniac Gear/Dues" portion of the MarathonManiacs.com web site. These attractive, blue and white singlets were professionally designed and feature images of both United States and Canadian flags.

UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

Attention 100 Marathon Club North America member marathon and ultra-marathon race directors: in order to publicize your event(s), you need to send us information about your race(s). Here are several upcoming marathons/ultras directed by club members:

04-01-17 – Yakima River Canyon Marathon, Selah, WA – **Bob and Lenore Dolphin**.
100 Marathon Club North America members will hold a club reunion meeting at 1600 on Friday, March 31, 2017, in the Senior Room at the Selah Civic Center Race Headquarters at 216 South First Street in Selah. Guest speakers at the pasta feed which follows the meeting will be **Steve and Paula Boone** from Humble, Texas, co-founders of the 50 States Marathon Club and co-directors of the Texas Marathon. Registration information: www.YakimaRiverCanyonMarathon.com.

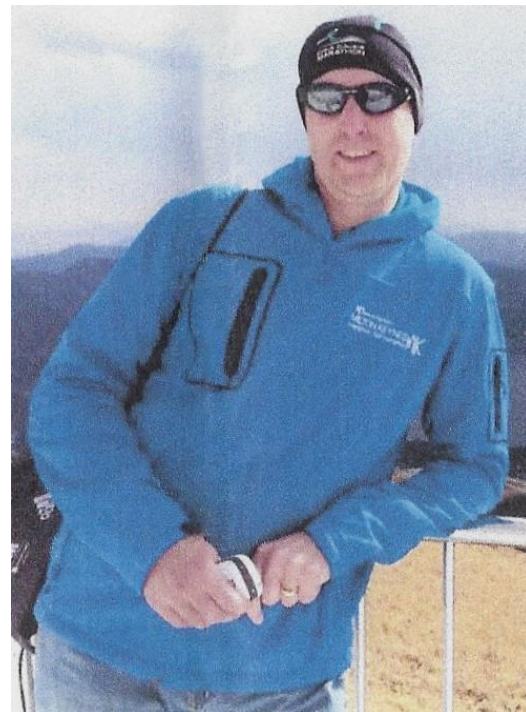
04-30-17 – Tacoma City Marathon, Tacoma, WA – **Tony Phillippi**

09-10-17 – Last Chance BQ.2 Marathon, Grand Rapids, MI – **Don Kern**

WELCOME NEW MEMBERS!

David “Foxy” Bayley of Milton Keynes, Buckinghamshire, United Kingdom chose the 2005 New York City Marathon as the location for his first marathon. Less than five years later he ran his 100th at the Robin Hood Marathon in Nottingham, United Kingdom. Fast forward another four years to the 2014 Mainly Marathons series race in Helen, Georgia and he notched number 200. David has not only been pounding out lots of races, he has been steadily doing so in impressive finish times. His current total of 239 marathons and 19 ultras includes four 100 miler (once sub-24 hours), and 135 sub-4 hour marathon finishes. He set his 3:09:27 PR in 2009 at age 37. He is a member of the Marathon Globetrotters, having run marathons in 25 countries. Okay, so David travels the world and he runs impressive times, what else does he do? How about he is a six time finisher of the Brathay 10 in 10? In case you aren't familiar with the Brathay 10 in 10, the course circles Windermere, England's largest lake, and the “10 in 10” name comes from the fact they run 10 marathons in 10 days. Whew!

Here's a rare photo of David actually standing still. →



The 1996 St. George Marathon in St. George, Utah was the first marathon run by **Kurt Neilan** of Denver, North Carolina. He chose the 2014 Boston Marathon as the site for his 100th. Kurt established his 3:23:03 PR in 1999 at age 45. Showing great consistency, he ran a 3:24:34 marathon in 2014 at age 60. A year later he completed his first ironman at age 61. Kurt's current total is 121 marathons.

← Here's a recent photo of Kurt.

The addition of David and Kurt boosts 100 Marathon Club North America membership total to 549.

MEMBER UPDATES

600 AND COUNTING

On February 2, 2017 **Rich Holmes** of Durham, North Carolina completed his 600th marathon (including ultramarathons) at the Philipsburg Waterfront Marathon on Sint Maarten, an island country in the Caribbean. Sint Maarten is a constituent country of the Kingdom of the Netherlands. This race was the 95th different country in which Rich has run a marathon. The accompanying finish line photo shows Rich (on the left) along with “a good friend and superb runner, John Lum Young, of Trinidad. It was a very hot race so we (or I) do not look that great!”



“MADDOG” UPDATE

Yes, **John “Maddog” Wallace** of Longboat Key, Florida is still pounding out marathons. Last month’s Pitons Peak Marathon at Castries, the capital and largest city of St. Lucia, a country in the Caribbean, was one of the “Caribbean Challenge” series races. This was Maddog’s 382nd marathon, and boosts his country total to an astounding 131. Maddog’s trip report is posted at <http://maddogwallace.blogspot.com/2017/02/tr-st-lucia.html>. Photos of the marathon and St. Lucia are available at <https://maddog.smugmug.com/Marathons/ST-Lucia/>.

DON McNELLY PASSES AT AGE 96

The following Associated Press article was picked up nationally following the death of internationally known marathoner Don McNelly on February 5, 2017 at age 96:

ROCHESTER, N.Y. (AP) — Don McNelly, known worldwide for powering through marathon runs and running up record totals into his 70s and 80s, has died. A retired paper company executive from upstate New York, McNelly died Sunday at age 96, according to the Richard H. Keenan Funeral Home in the Rochester suburb of Fairport.

McNelly didn't start running marathons until he was nearly 50 after a close friend died of a heart attack. He ran his first marathon in Boston in 1969. Forty years later, he had completed 744 of them, running 26.2-mile races in all 50 states, every Canadian province and on every continent, including Antarctica.

McNelly was 86 in 2006 when he completed his 700th marathon, eventually reaching his goal with marathon No. 744, the same number of his Navy destroyer in the Pacific during World War II. His race total included 117 ultra-marathons, races that are longer than the traditional marathon distance.

"I'm 90 and I feel like I'm 50, 60 tops," he told The Associated press in November 2010, a week after he had to pull out of a marathon in Pennsylvania after making it about midway through the race. "I'm a lucky, lucky, lucky guy."

Born on a farm in Brookville, Ohio, the first of seven children, McNelly enlisted in the Navy during World War II and served as chief engineering officer aboard the *USS Kyne*, a destroyer escort officially known as DE-744. In 1954, he and his family moved from Indiana to Rochester.

After taking up marathon running, McNelly befriended Norm Frank, another runner from the Rochester area with a passion for marathons. The two traveled together to races to save on gas and hotel bills. By the time Frank died in 2015 at 83, he had completed 965 marathons.

McNelly set world records in his 70s, when he racked up 295 marathons, and in his 80s, when he accumulated 177 more.

Dan McNelly said his father was addicted to running and proud of it. "If he couldn't do marathons he wasn't going to do anything else," the younger McNelly told the *Rochester Democrat and Chronicle*.

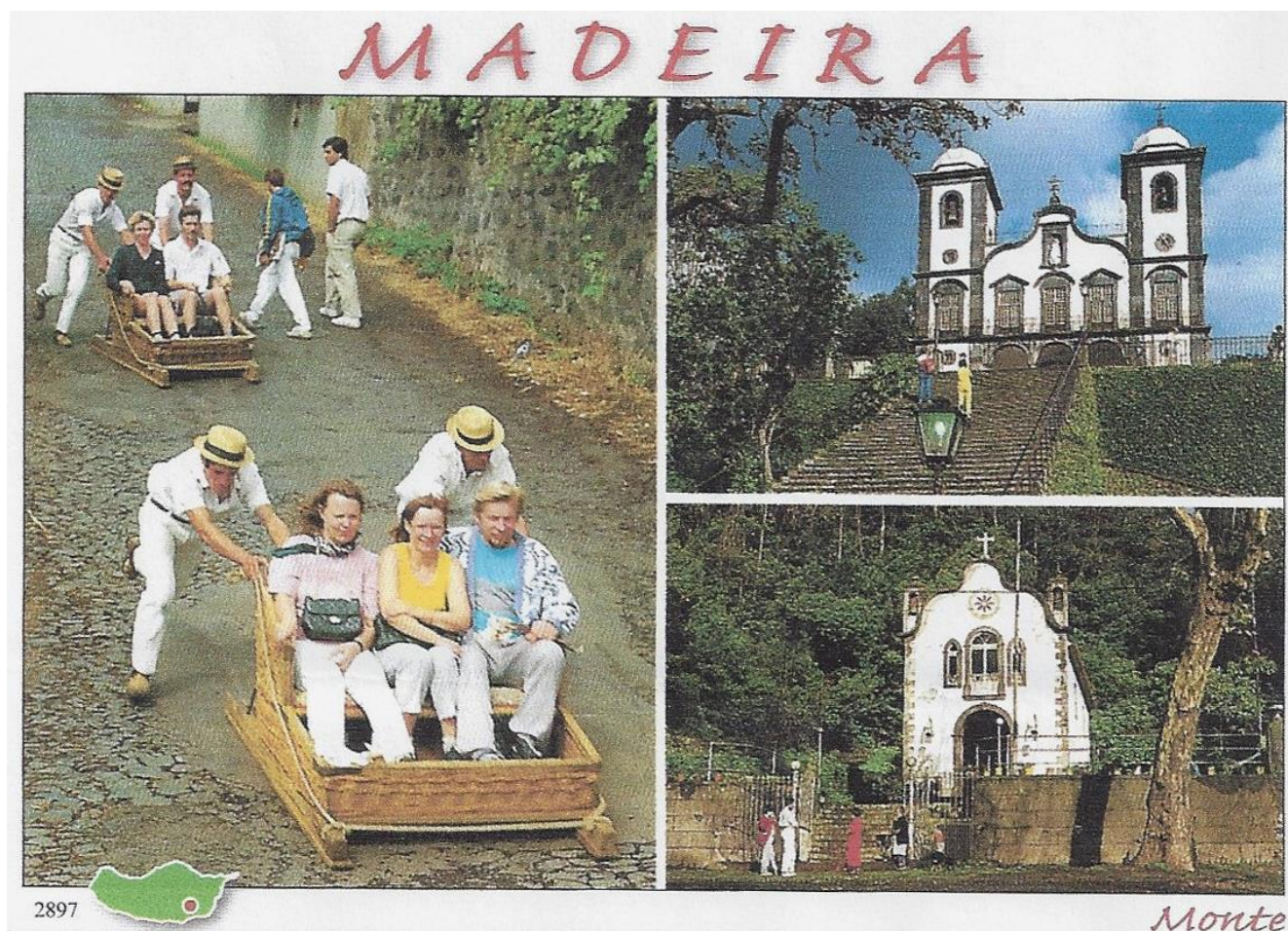
Survivors include Phyllis, his wife of nearly 75 years, and another son Tom.

70 MARATHONS SINCE OPEN HEART SURGERY

Bill Smith of Liberty, Missouri joined the 100 Marathon Club North America in January, 2016 and recently updated his impressive list of running accomplishments via EMail. He has done “about ten Grand Canyon double crossings and run about every trail in the Grand Canyon.” His total includes the Zane Grey 50 Mile Endurance Run, billed by the race organizers as “the toughest, roughest and most beautiful 50 mile trail run in the country. It runs point-to-point along the Highline trail from Pine to Christopher Creek, Arizona...(It) is one of (if not the most) difficult 50 mile races in the country. It is an advanced degree run for experienced ultra runners.” In 2008, Bill “ran the Shamrock Marathon, had open heart surgery two weeks later, and then ran Swan Lake Marathon eight weeks later. So, two marathons 10 weeks apart with a triple bypass in between. Have now run 70 marathons since the surgery.”

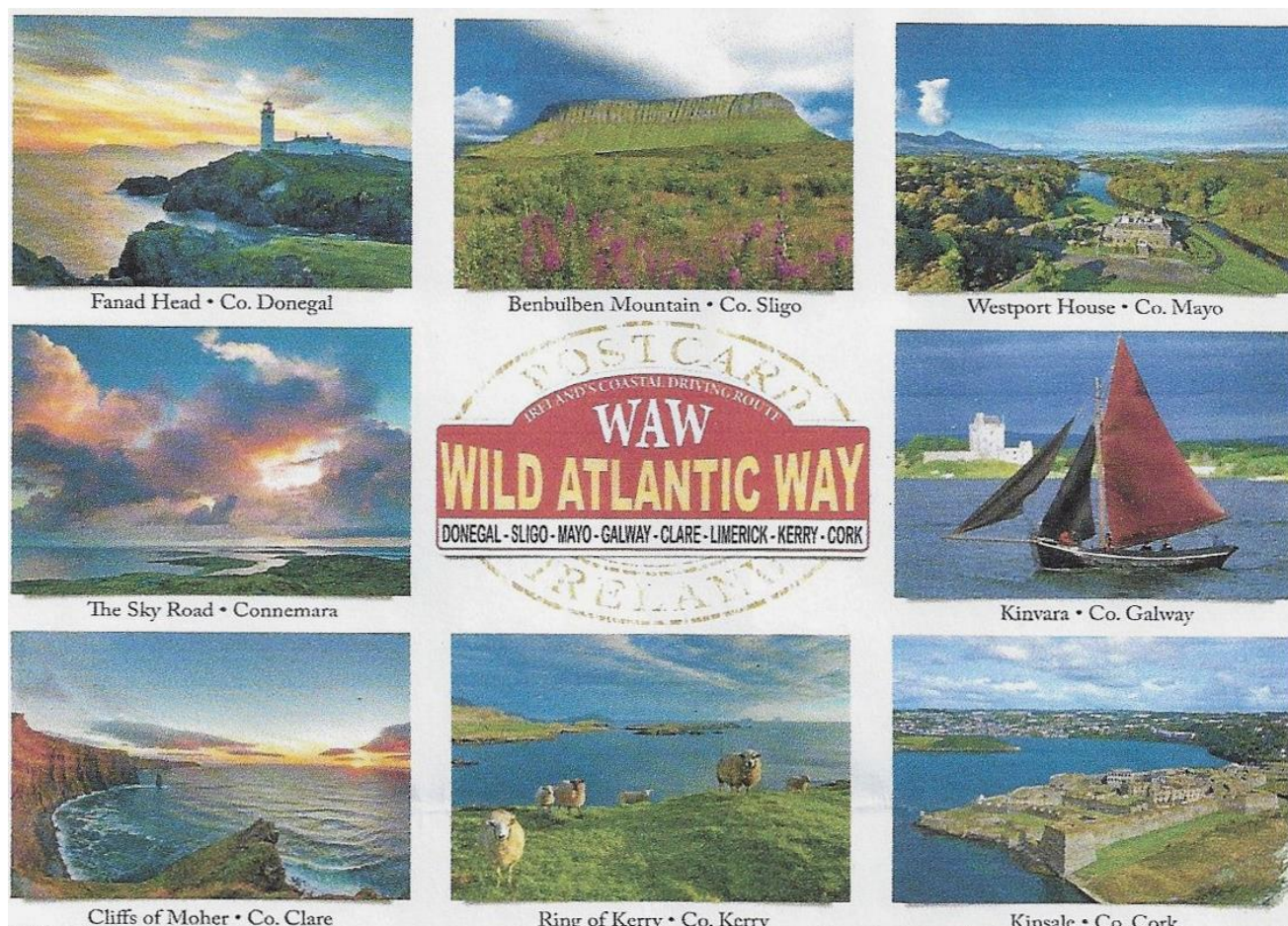
ROGER & JACK'S WORLD TOUR (CONTINUED)

Here are two postcards from **Roger Biggs** of Stevenage, England, as he continues to circle the globe in search of marathon adventures.



January 29, 2017 – Madeira, Portugal. The locals said the course was flat. I don't think so! Strange course – 2.5 laps followed by four laps after a nice descent. Not 100% after a

recent trip, so 4:49:18 not too bad. Interesting place in the Atlantic, 400 miles from anywhere. Roger. (Editor's note: Wikipedia indicates "Madeira is a Portuguese archipelago situated in the North Atlantic Ocean, southwest of Portugal...it is A popular year-round resort, being visited every year by about one million tourists. The region is noted for its Madeira wine, gastronomy, historical and cultural value, its flora and fauna, landscapes, and embroidery artisans. Its annual New Year celebrations feature the largest fireworks show in the world.")



February 5, 2017 – County Offaly, Ireland. My 20th Irish county in Offaly, at the Mount Lucas Wind Farm. 1 km out, 8 x 5 km loops, then 1 km back to make the 42 km distance. All run in 4:48:28. So many friends amongst the field. Roger. (Editor's note: The postcard caption reads "The Wild Atlantic Way, Ireland's coastal driving route. This card features clockwise from top left: Fanad Head Lighthouse, Co. Donegal; Benbulbin Mountain, Co. Sligo; Westport House, Co. Mayo; Kinvar, Co. Galway; Charles Fort and Kinsale, Co. Cork; sheep on the Ring of Kerry, The Cliffs of Moher, Co. Clare; and the Sky Road, Connemara, Ireland.")

HAPPY BIRTHDAY TO A VERY SPECIAL PERSON!

100 Marathon Club North America co-founder and co-director **Lenore Dolphin** celebrated her 87th birthday on February 27th!

ROSTER UPDATES AND NEWSLETTER PRODUCTION

100 Marathon Club North America roster updates, and the monthly newsletters are produced by Ron and Nancy Fowler. Completed updates are forwarded to Tony Phillippi for posting on the 100 Marathon Club North America pages, hosted on the Marathon Maniacs' web site. Thank you for your ongoing and much-appreciated support, Tony!

Please send roster updates to both of these EMail addresses:

★ Bob and Lenore Dolphin: dolphinmteam@earthlink.net; and

★ Ron and Nancy Fowler: SodaBottles@yahoo.com

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