



Newsletter #64 – February 1, 2017

NEWSLETTER DISTRIBUTION

New issues of the 100 Marathon Club North America newsletters are posted monthly at <http://www.100marathonclub.us/newsletter.html>. Please add this link to your computer's "favorites" list and check for the latest newsletter after the first of each month. Once the roster is updated and a new newsletter is in place, an announcement message is also posted on the club's Facebook page.

NEWSLETTER ARCHIVE

All previous 100 Marathon Club North America newsletters are archived and accessible via our web site page should you miss an issue or want to review an earlier edition.

UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

Attention 100 Marathon Club North America member marathon and ultra-marathon race directors: in order to publicize your event(s), you need to send us information about your race(s). Here are several upcoming marathons/ultras directed by club members:

02/03-04/17 – Groundhog Day Marathon, Grand Rapids, MI – **Don Kern**

02-18-17 – Woolley Marathon & 50K, Sedro-Woolley, WA - **Terry and Delores Sentinella**

04-01-17 – Yakima River Canyon Marathon, Selah, WA – **Bob and Lenore Dolphin**.
100 Marathon Club North America members will hold a club reunion meeting at 1600 on Friday, March 31, 2017, in the Senior Room at the Selah Civic Center Race Headquarters at 216 South First Street in Selah. Guest speakers at the pasta feed which follows the meeting will be **Steve and Paula Boone** from Humble, Texas, co-founders of the 50 States Marathon Club and co-directors of the Texas Marathon. Registration information can be found at www.YakimaRiverCanyonMarathon.com.

04-30-17 – Tacoma City Marathon, Tacoma, WA – **Tony Phillippi**

09-10-17 – Last Chance BQ.2 Marathon, Grand Rapids, MI – **Don Kern**



OFFICIAL 100 MARATHON CLUB NORTH AMERICA SINGLETS

Official men's and women's 100 Marathon Club North America singlets are available for ordering via the "Maniac Gear/Dues" portion of the MarathonManiacs.com web site. These attractive, blue and white singlets were professionally designed and feature images of both United States and Canadian flags.

Check them out and order yours today!

100 MARATHON CLUB NORTH AMERICA SUPPORT

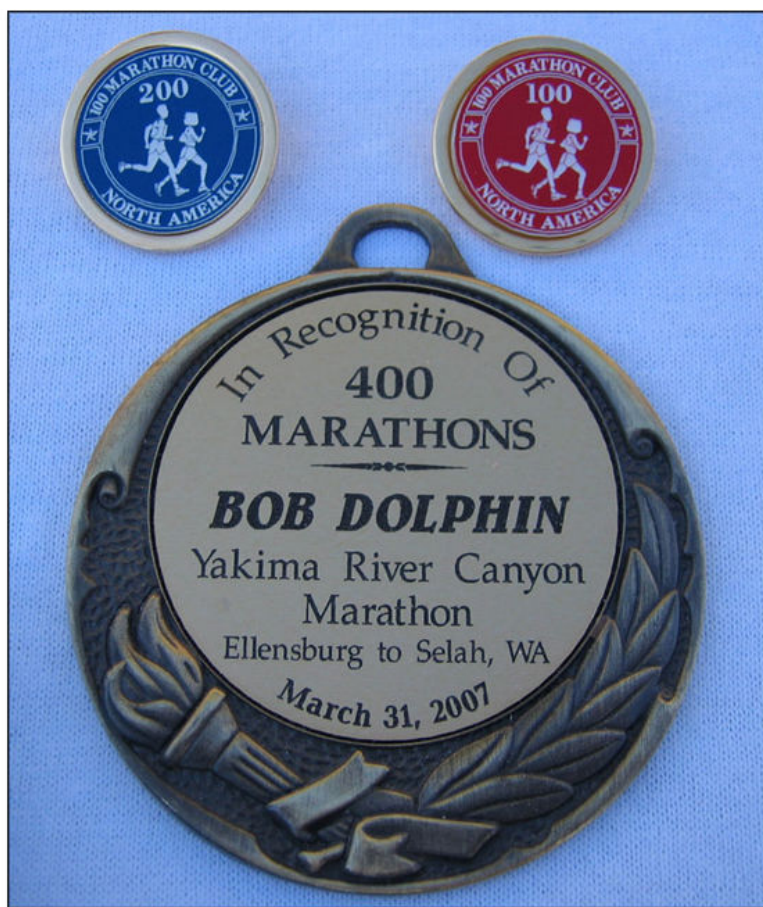
The 100 Marathon Club North America has no dues. Club expenses are met by donations and the small profit generated from the sale of shirts, pins (in increments of 100), and personalized medallions. A "Merchandise" button has been added to our web site's Home page, making it even easier to find club items. In addition to the singlets (pictured above), plus short and long sleeve tee shirts, here are examples of the types of pins and medallions that are available to members →

To make a donation or purchase, contact Bob and Lenore Dolphin via EMail to:

dolphinmteam@earthlink.net.

Please make checks payable to Lenore Dolphin and mail them to:

Lenore Dolphin
10519 126th Avenue SE
Renton WA 98056



WELCOME NEW MEMBERS!

Doug Dominey of Veradale, Washington ran the 2003 Portland Marathon in Portland, Oregon for his first marathon. He chose the 2017 Houston Marathon in Houston, Texas as the site for his 100th marathon. Doug set his 3:37 PR in 2012 at age 53. He has run 99 marathons and one ultra.

Here's a recent photo of Doug →



The 1991 Community First Fox Cities Marathon in Appleton, Wisconsin was the location **Ned Hughes** of Neenah, Wisconsin chose for his first marathon. Ned has since strung together a 26 year consecutive finish streak at Fox Cities, the chosen location for his 50th, 75th, and, in 2016, his 100th marathons. Ned established his 3:28 PR in 1995 at age 47. His current total is 100 marathons and three ultras. He completed Ironman-Wisconsin (Madison, Wisconsin) in 2009. He also ran back-to-back marathons in Eagle River and Green Bay, Wisconsin during one weekend in 2011. Ned is a member of the Pace Setters Running Club in Menasha, Wisconsin.



← Here's Ned at the 2016 Fox Cities finish line just after completing his 100th marathon. He is being congratulated by Susan Erdmann, his significant other and a fellow marathon runner. (Editor's note: check the "Member Updates" for another photo of Ned.)

Raymond Macavinta of Pleasant Hill, California ran the 2007 Rock ‘n Roll Marathon in Phoenix, Arizona for his first marathon. The 2016 Big Basin Skyline to the Sea 50K and Marathon in Saratoga, California was his 100th. In between those milestone events, Raymond became a 50 states finisher at the 2015 Rehoboth Beach Marathon in Rehoboth Beach, Delaware. He set his 4:01:01 PR in 2014 at age 46. His current race total includes 95 marathons and 16 ultras. Raymond says he has “enjoyed every race/event in which I’ve participated and I will continue to run marathons and ultras as long as my body can take it.”



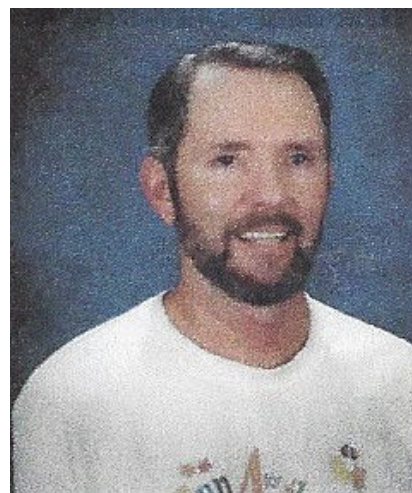
← Here’s Raymond during a recent race.

The 1983 Houston Tenneco Marathon in Houston, Texas was the first marathon run by **Stephen McNeil** of San Antonio, Texas. He has a 35 year consecutive finish streak at Houston, so the 2017 Chevron Houston Marathon was a natural location choice for his 100th marathon. He is currently #5 on the all-time Houston active finishers list. Over the years he has really pounded out the miles, with his current race total including 56 marathons and 44 ultras. Stephen joined the Rocky Raccoon 100 Mile Trail Run 1000 Mile Club by completing nine 100 mile and two 50 mile finishes. He set his 2:58:06 PR in 1989 at age 31.



Here’s Stephen at a recent race →

Giles Williams of Oviedo, Florida ran the 1998 Disney World Marathon in Orlando, Florida as his first marathon. The 2017 Savage Seven in Ocala, Florida was his 94th marathon. Combined with his six ultras, his current total is 100 and interestingly, all 100 of those races have been run within the state of Florida. Confirming he qualifies as a Marathon Maniac, he ran four marathons in four days in order to achieve six star status. Giles established his 4:56:59 PR in 1998 at age 54. He is a member of the Treasure Coast Running Club in Stuart, Florida.



Here's a recent photo of Giles →

The addition of Doug, Ned, Raymond, Stephen, and Giles boosts 100 Marathon Club North America membership total to 548.

MEMBER UPDATES

100, 200, AND 1,200 (YES, 1,200!) MARATHON FINISHERS

New 100 Marathon Club North America member **Ned Hughes** of Neenah, Wisconsin also sent the accompanying image when recently submitting his application. That's Ned on the left, wearing bib #100 and doing a celebratory leap into the air as he crossed the finish line completing his 100th marathon at the 2016 Fox Cities Marathon. The runner to Ned's left and finishing at the same time (wearing a 50 States singlet and bib #200) is 100 Marathon Club North America member **Al Kohli** of Lomira, Wisconsin completing his 200th marathon. According to Ned, "Al and I have run in some of the same marathons at different times over the years. It wasn't planned, but we started together in the same corral at Fox Cities, and ended up running the entire marathon together. **Henry Rueden** of De Pere, Wisconsin also started with us. Henry ran his 1,200th marathon that day! The three of us have known each other for a long time and hung together for the first 20 miles, but the heat slowed Henry to finish around 5 minutes behind us. It was a very special day for all three of us!"



400 MARATHON FINISHERS

Two additional 100 Marathon Club North America members have notched their 400th marathons. **Jack Brooks** of St. Albans, Herts, England finished his 400th at last month's 2017 Louisiana Marathon in Baton Rouge, Louisiana. Jack is "now looking forward to Yakima, which will be my 101st marathon in North America (USA and Canada)." We also overlooked mentioning that **Cheri Pompeo** of Woodinville, Washington ran her 400th at the Jack Bristol 50K at Lake Waramaug, Connecticut in 2015. She has since boosted her current total to 448 marathons and ultras. Cheri continues to do a stellar job of coordinating finisher's certificates and awards for the 100 Marathon Club North America.

100 MARATHON CLUB POLAND FORMED

The Polish Association of Runners (PSB) recently launched the formal organization of a 100 Marathon Club in Poland. An EMail message from Grzegorz Wnuk, the club's president, announced the new group intends to cooperate closely with most of the Polish marathon organizers, Polish and International running teams, and especially with 100 Marathon Clubs in other countries. Their members are available to provide help (if needed) to 100 Marathon Club North America members interested in participating in Polish or other European races, including travel and accommodation tips and suggestions. Here's a photo taken at the Polish Runners' Association Conference held in Jaroslawiec, Poland in November, 2016, when the 100 Marathon Club Poland was formally established.



50 STATES MARATHON CLUB FINISHERS

The 100 Marathon Club North America roster listings for these 14 members have been updated to reflect their new 50 States Marathon Club status. Congratulations to:

1st time: **Shalisa Davis; Patrick Weldon**

2nd time: **Ila Brandli, Janet Burgess, Jim Collins, Chuck Engle, Bob Kennedy, Clyde Shank, George Southgate**

3rd time: **Thomas Brand, Fran Libasci**

4th time: **Paula Boone**

5th time: **Marv Bradley**

6th time: **Steve Boone**

NEW “MARATHON SERIES” TREND

We recently received announcements about two newly formed “marathon series” in the State of Washington. This looks like a way to potentially increase race participation, particularly for some of the smaller races. Here are portions of both announcements:

SALISH SEA ROAD RACE SERIES

The Capital City Marathon has partnered with the North Olympic Discovery Marathon, Whidbey Island Marathon, and Bellingham Bay Marathon to form the Salish Sea Road Race Series. Because you (the editor) registered for the Capital City Marathon, you will receive a 15% discount on any of the Whidbey Island Marathon, North Olympic Discovery Marathon, or Bellingham Bay Marathon events. Participants who finish three of the four Salish Sea Series events in 2017 are eligible for commemorative swag and a medal. Individuals do not need to participate in the entire series in order to take advantage of these partner event discounts. The Whidbey Island Marathon, Capital City Marathon, North Olympic Discovery Marathon, and Bellingham Bay Marathon are combining efforts to provide the best road running experiences in Western Washington! Nona Snell, Capital City Marathon Race Director

WASHINGTON HALF & FULL MARATHON SERIES

Washington's newest running series is free and open to all levels of runners, offering top prizes for overall placers at the end of the year and one really cool medal for all who complete their challenge. It starts in February so get ready and register today! The Washington Half & Full Marathon Series offers challenge medal awards for four, seven, and ten races completed in one calendar year (January-December). The participating marathons include Birch Bay, Wooley, Wenatchee, North Olympic, San Juan Island, Skagit Flats, Leavenworth, Winthrop, Tri-Cities, Klickitat Trail, Seattle, and Last Chance. Details: <http://www.washingtonhalfseries.com/>.

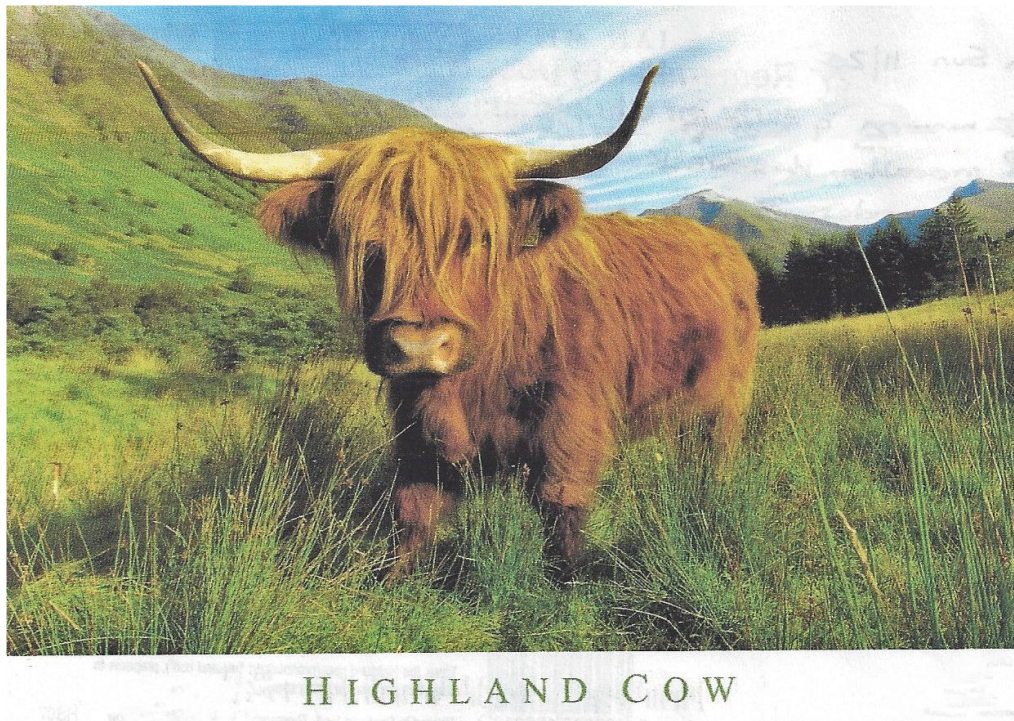
ROGER & JACK'S WORLD TOUR (CONTINUED)

Here are a few more postcards from **Roger Biggs** of Stevenage, England, and **Jack Brooks** of St. Albans, Herts, England as they continue to circle the globe in search of more marathon adventures.

November 14, 2016 – Cote d'Azur, French Riviera, Nice, France. Three days of sunshine, although quite cool at night. Due to the terrorist attack, the marathon start was moved from the promenade, but the course still hugged the coast to the finish in Cannes. While my running is still struggling at the moment, I managed my first all run marathon in a long while, to finish in 4:43:45. Roger



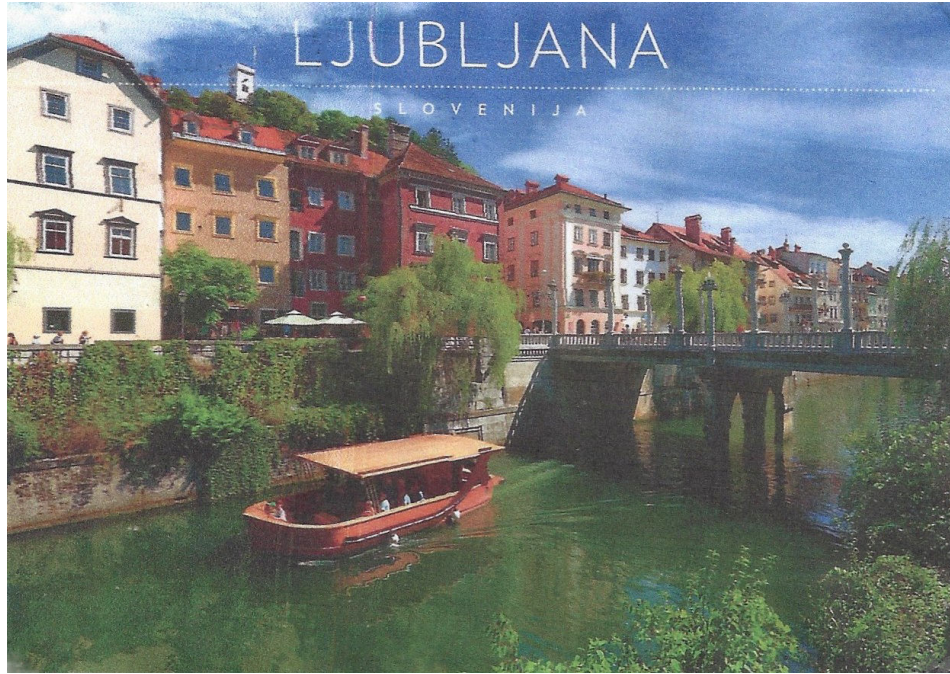
November 20, 2016 – Scotland. Just running a local half marathon this weekend. First time under two hours for a long while. My son ran with me. That was nice. Roger



November 28, 2016 – La Rochelle, France. Hi from the Atlantic Coast of France. Very French. Not many English speakers. Both myself and Jack have improving injuries. Perhaps we will be in full order by Yakima. Roger



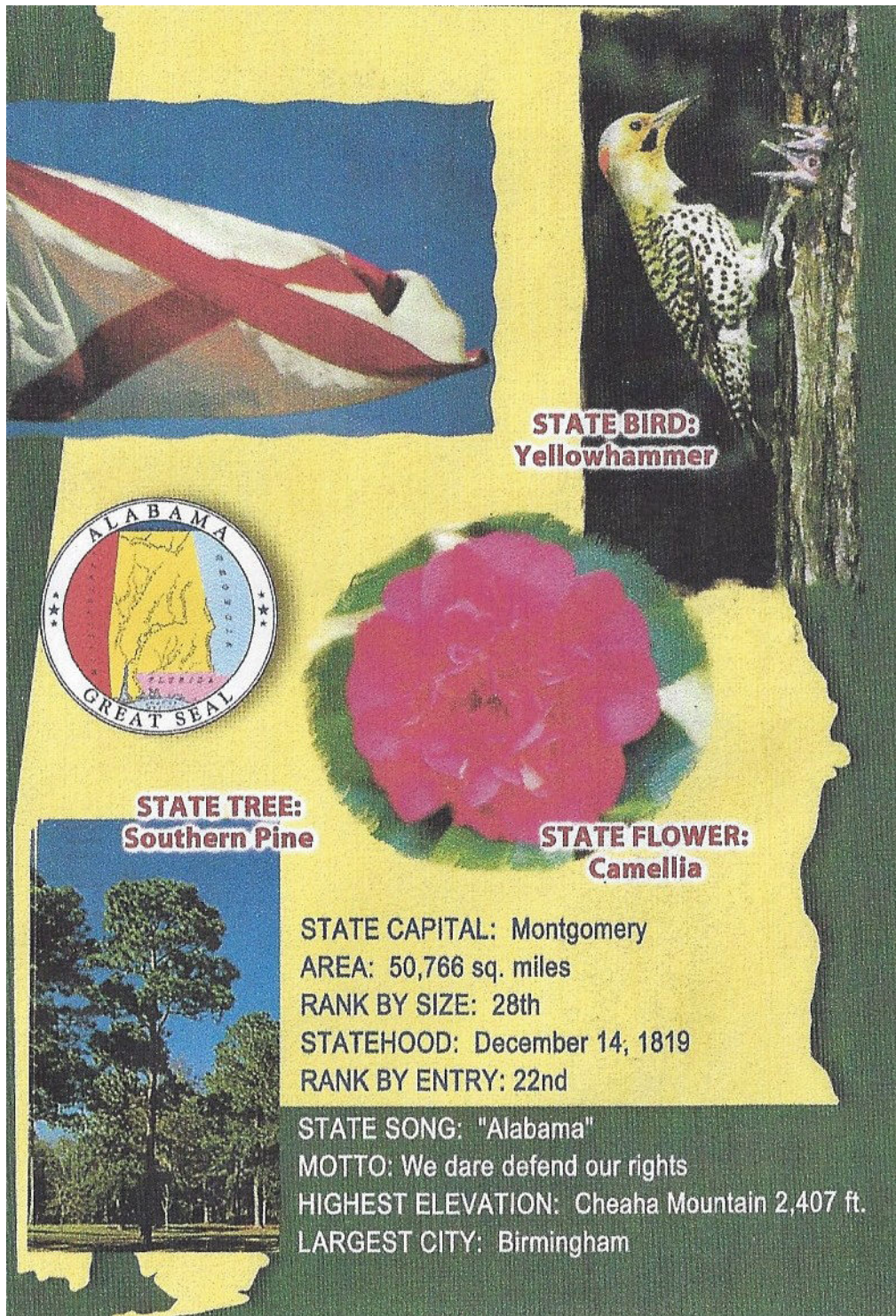
November 31, 2016 - Slovenija, Yugoslavia. The old Yugoslavian countries are proving a problem. A marathon cancelled last year in Macedonia, and now a DNF yesterday in Slovenia. In fairness, I would have been pulled out had I not stopped. Partly made up for the disappointment with an 80 minute bus ride to Lake Bled where we walked 6 km all the way around the lake. Roger



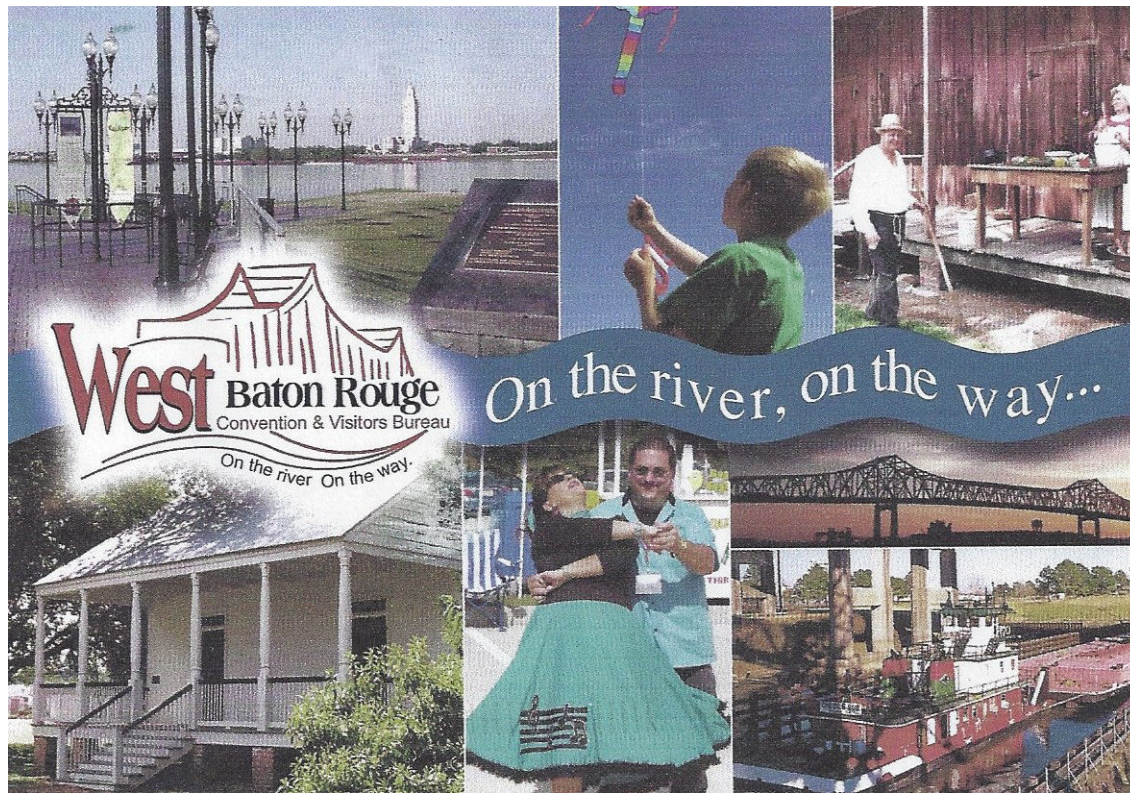
December 10, 2016 – Costa Tegui, Spain. Want a mid-winter marathon, then look no further than Lanzarote. The out and back course follows the coast from Costa Tegui to Puerto del Carmen. Today it was humid out and hot coming back, so okay to finish in 4:52:51. Costa Tegui is a lovely town with shops, restaurants, and two beaches. Roger.



January 12, 2017 – Alabama. Last weekend I ran 4:25:56 in Mobile, with a temperature around 30° F. This weekend 75° F is expected in Baton Rouge. In between we had two nights in New Orleans with some great live music. Roger



January 17, 2017 – West Baton Rouge, Louisiana. Roger and I will be leaving the USA tomorrow. I've just completed my 400th marathon (excluding ultras) at Baton Rouge. Jack



ROSTER UPDATES AND NEWSLETTER PRODUCTION

100 Marathon Club North America roster updates, and the monthly newsletters are produced by Ron and Nancy Fowler. Completed updates are forwarded to Tony Phillippi for posting on the 100 Marathon Club North America pages, hosted on the Marathon Maniacs' web site. Thank you for your ongoing and much-appreciated support, Tony!

Please send roster updates to both of these EMail addresses:

★ Bob and Lenore Dolphin: dolphinmteam@earthlink.net; and

★ Ron and Nancy Fowler: SodaBottles@yahoo.com

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