



Newsletter #61 – November 1, 2016

NEWSLETTER DISTRIBUTION

New issues of the 100 Marathon Club North America newsletters are posted monthly at <http://www.100marathonclub.us/newsletter.html>. Please add this link to your computer's "favorites" list and check for the latest newsletter after the first of each month. Once the roster is updated and a new newsletter is in place, a message is also posted on the club's Facebook page.

NEWSLETTER ARCHIVE

All previous 100 Marathon Club North America newsletters are archived and accessible via our web site page should you miss an issue or want to review an earlier edition.

UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

Attention 100 Marathon Club North America member marathon and ultra-marathon race directors: in order to publicize your event(s), you need to send us information about your race(s). Here are several upcoming marathons/ultras directed by club members:

11-26-16 Seattle Ghost Marathon, Seattle, WA - **Terry and Delores Sentinella**

12-03-16 – Ghost of Birch Bay Marathon, Birch Bay, WA – **Terry and Delores Sentinella**

12-31-16 – Last Chance Marathon, Bellingham, WA - **Terry and Delores Sentinella**

02/03-04/17 – Groundhog Day Marathon, Grand Rapids, MI – **Don Kern**

02-18-17 – Woolley Marathon & 50K, Sedro-Woolley, WA - **Terry and Delores Sentinella**

04-01-17 – Yakima River Canyon Marathon, Selah, WA – **Bob and Lenore Dolphin**

05-01-17 – Tacoma City Marathon, Tacoma, WA – **Tony Phillippi**

09-10-17 – Last Chance BQ.2 Marathon, Grand Rapids, MI – **Don Kern**



OFFICIAL 100 MARATHON CLUB NORTH AMERICA SINGLETS

Official men's and women's 100 Marathon Club North America singlets are available for ordering via the "Maniac Gear/Dues" portion of the MarathonManiacs.com web site. These attractive, blue and white singlets were professionally designed and feature images of both United States and Canadian flags.

Check them out and order yours today!

100 MARATHON CLUB NORTH AMERICA SUPPORT

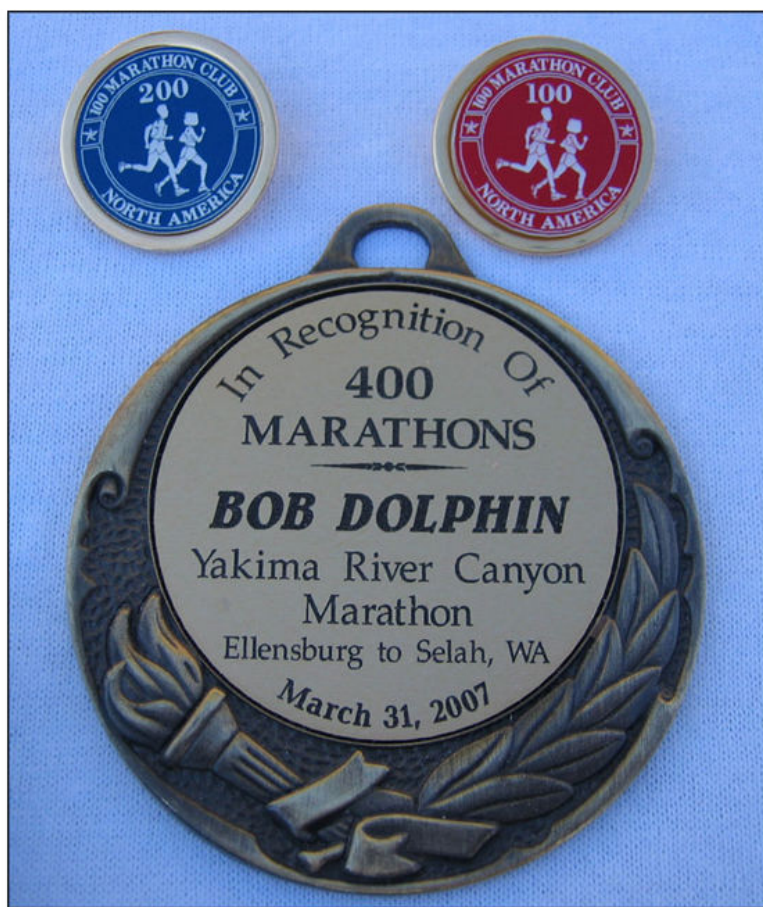
The 100 Marathon Club North America has no dues. Club expenses are met by donations and the small profit generated from the sale of shirts, pins (in increments of 100), and personalized medallions. A "Merchandise" button has been added to our web site's Home page, making it even easier to find club items. In addition to the singlets (pictured above), plus short and long sleeve tee shirts, here are examples of the types of pins and medallions that are available to members →

To make a donation or purchase, contact Bob and Lenore Dolphin via EMail to:

dolphinmteam@earthlink.net.

Please make checks payable to Lenore Dolphin and mail them to:

Lenore Dolphin
10519 126th Avenue SE
Renton WA 98056



WELCOME NEW MEMBERS!

Seth Kramer of Wilton Manors, Florida completed his first marathon at the 2012 Miami Marathon in Miami, Florida. Less than five years later he notched his 100th marathon at the recent Monster Mash Marathon in Dover, Delaware. In between these milestone races, he completed 50 states and DC at the 2015 Rock 'n' Roll Las Vegas Marathon. Seth set his 3:47 PR earlier this year at age 34. His current total is 97 marathons and four ultras. Seth is a member of the Front Runners running club in Fort Lauderdale, Florida.

The 2000 Marine Corps Marathon in Arlington, Virginia was the first marathon run by **Jim Roche** of Swansboro, North Carolina. Last month's Mount Desert Island Marathon in Bar Harbor, Maine was his 100th. Jim completed 50 states and DC at Honolulu in 2015. He also established his 3:26:03 PR in 2015 at age 46. His current total is 63 marathons and 37 ultras. Jim has run a marathon or an ultra for 52 consecutive months and counting. In addition to this impressive streak, he is working on running 50 states sub four hours (37 states done), and running ultras in 50 states (23 states done, including four states with 100 milers).

Here's a very happy Jim just after completing a recent race:



Daniel Ruiz of Saint John, Indiana chose the 2009 Chicago Marathon for his first marathon, and returned to log his 100th at the 2016 Chicago Marathon. He completed 50 states and DC at the 2016 Maui Oceanfront Marathon in Maui, Hawaii. Dan has also completed his quest for seven continents at the 2016 Australian Outback Marathon in Yulara, Northern Territory, Australia. On top of these milestone races, Dan established his 4:04:52 PR this year too, at age 47. His current total is 88 marathons and 14 ultras. Dan is a member of the Calumet Region Striders running club in Saint John, Indiana.

Here's Dan during a recent trail run →

The addition of Seth, Jim, and Dan boosts 100 Marathon Club North America membership total to 536.

MEMBER UPDATES

Roger Biggs of Stevenage, England continues his world travels in pursuit of marathon adventures. Thru the end of September 2016 Roger has run 815 marathons (486 on the road, 329 on trails), and 45 ultras, for a grand total of 860. Roger is hoping to return for the 17th annual Yakima River Canyon Marathon on April 1, 2017.

Another British 100 Marathon Club North America member, **Jack Brooks**, of St. Albans, Herts, England, plans to run his 400th marathon (not counting his nine ultras) at the Louisiana Marathon in Baton Rouge on January 15, 2017. There is also a good chance the 2017 Yakima River Canyon Marathon will be his 100th North American (Canada and USA) marathon. We hope to see you again in Yakima, Jack!

Rich Holmes of Durham, North Carolina ran the Legs for Literacy Marathon in Moncton, New Brunswick, Canada on October 23, 2016. That race marked the fourth time Rich has completed marathons in all 13 Canadian provinces and territories.



Congratulations to **Steve Hughes** of Little Rock, Arkansas on completion of his 400th marathon on October 8, 2016. Steve chose the Southern Most Marathon in Key West, Florida for this milestone achievement.

ROSTER UPDATES AND NEWSLETTER PRODUCTION

100 Marathon Club North America roster updates, and the monthly newsletters are produced by Ron and Nancy Fowler. Completed updates are forwarded to Tony Phillippi for posting on the 100 Marathon Club North America pages, hosted on the Marathon Maniacs' web site. Thank you for your ongoing and much-appreciated support, Tony!

Please send roster updates to both of these EMail addresses:

★ Bob and Lenore Dolphin: dolphinmteam@earthlink.net

★ Ron and Nancy Fowler: SodaBottles@yahoo.com

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