



Newsletter #60 – October 1, 2016

NEWSLETTER DISTRIBUTION

New issues of the 100 Marathon Club North America newsletters are posted monthly at <http://www.100marathonclub.us/newsletter.html>. Please add this link to your computer's "favorites" list and check for the latest newsletter after the first of each month. Once the roster is updated and a new newsletter is in place, a message is also posted on the club's Facebook page.

NEWSLETTER ARCHIVE

All previous 100 Marathon Club North America newsletters are archived and accessible via our web site page should you miss an issue or want to review an earlier edition.

UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

Attention 100 Marathon Club North America member marathon and ultra-marathon race directors: in order to publicize your event(s), you need to send us information about your race(s). Here are several upcoming marathons/ultras directed by club members:

10-02-16 – Winthrop Marathon, Winthrop, WA – **Terry and Delores Sentinella**

10-08-16 – Defiance 50K, Tacoma, WA – **Tony Phillippi**

10-23-16 – Metro Health Grand Rapids Marathon, Grand Rapids, MI – **Don Kern**

12-03-16 – Ghost of Birch Bay Marathon, Birch Bay, WA – **Terry and Delores Sentinella**

12-31-16 – Last Chance Marathon, Bellingham, WA - **Terry and Delores Sentinella**

02/03-04/17 – Groundhog Day Marathon, Grand Rapids, MI – **Don Kern**

02-18-17 – Woolley Marathon & 50K, Sedro-Woolley, WA - **Terry and Delores Sentinella**

04-01-17 – Yakima River Canyon Marathon, Selah, WA – **Bob and Lenore Dolphin**

05-01-17 – Tacoma City Marathon, Tacoma, WA – **Tony Phillippi**

09-10-17 – Last Chance BQ.2 Marathon, Grand Rapids, MI – **Don Kern**



OFFICIAL 100 MARATHON CLUB NORTH AMERICA SINGLETS

Official men's and women's 100 Marathon Club North America singlets are available for ordering via the "Maniac Gear/Dues" portion of the MarathonManiacs.com web site. These attractive, blue and white singlets were professionally designed and feature images of both United States and Canadian flags.

Check them out and order yours today!

100 MARATHON CLUB NORTH AMERICA SUPPORT

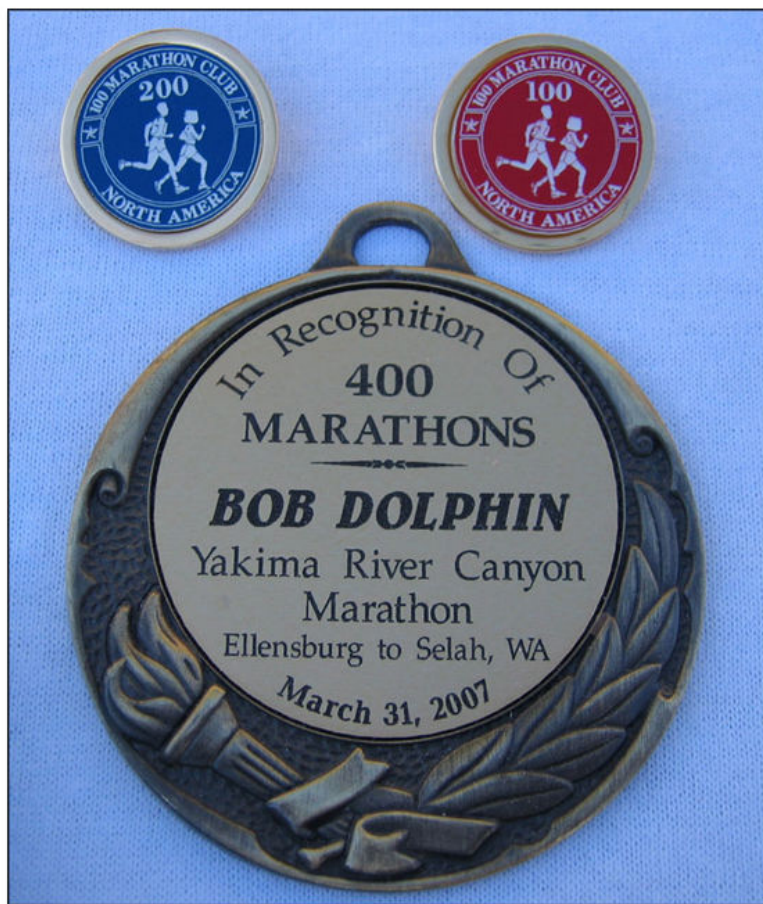
The 100 Marathon Club North America has no dues. Club expenses are met by donations and the small profit generated from the sale of shirts, pins (in increments of 100), and personalized medallions. A "Merchandise" button has been added to our web site's Home page, making it even easier to find club items. In addition to the singlets (pictured above), plus short and long sleeve tee shirts, here are examples of the types of pins and medallions that are available to members →

To make a donation or purchase, contact Bob and Lenore Dolphin via EMAIL to:

dolphinmteam@earthlink.net.

Please make checks payable to Lenore Dolphin and mail them to:

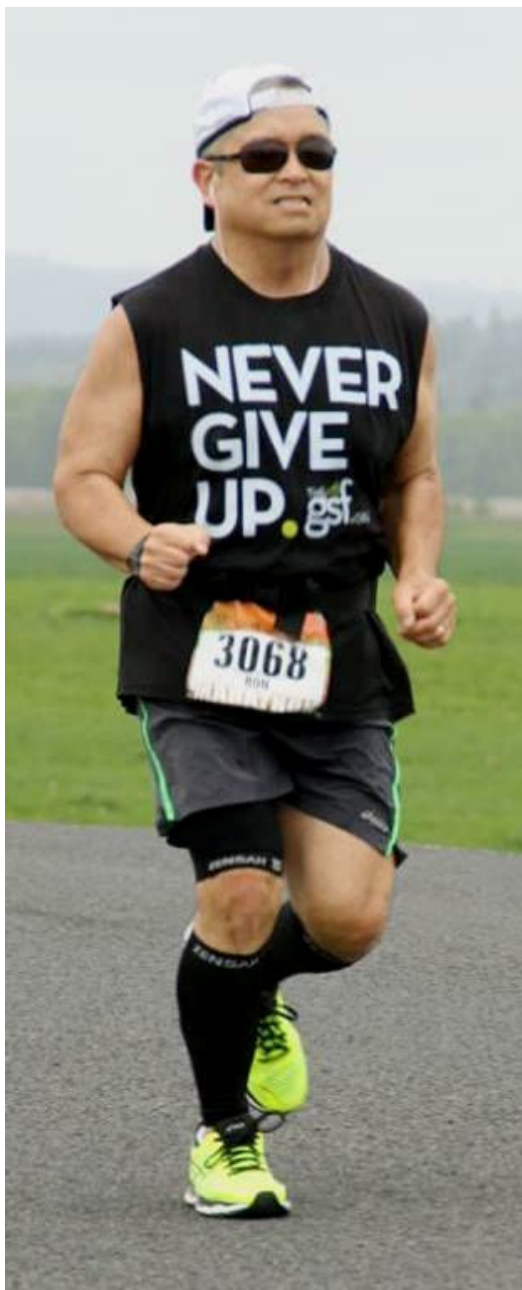
Lenore Dolphin
10519 126th Avenue SE
Renton WA 98056



WELCOME NEW MEMBERS!

Jack Heely of Willow Grove, Pennsylvania chose the 2004 New York City Marathon as his first marathon, and the 2015 Rehoboth Beach Marathon in Delaware for his 100th. He set his 3:15:01 PR in 2009 at age 45. Jack has qualified for and run 10 consecutive Boston Marathons from 2007 thru 2016. His current total is 100 marathons and 12 ultras.

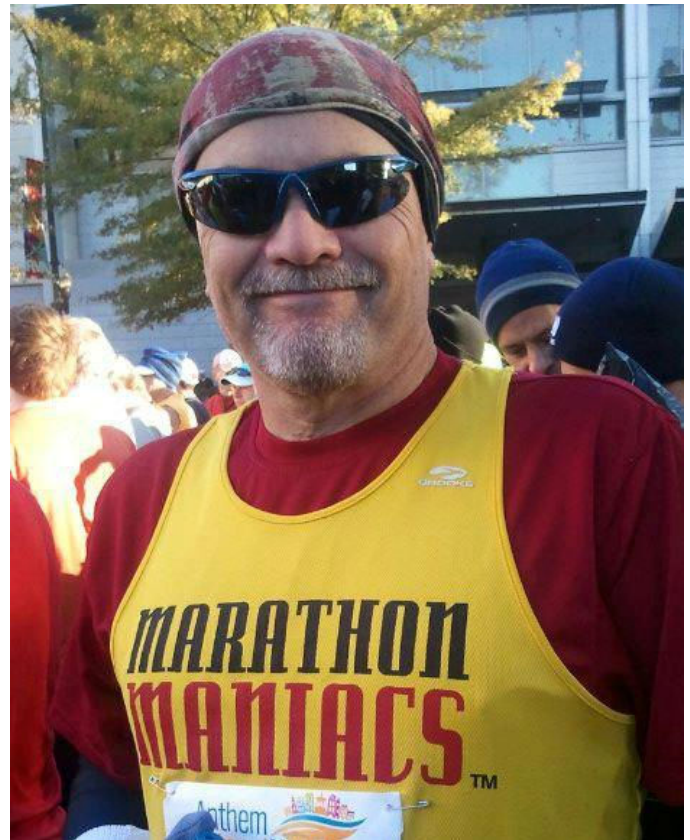
Here's Jack at a recent race. →



The 1999 Long Beach Marathon in Long Beach, California was the first

marathon run by **Ron Kageyama** of Los Angeles, California. He completed the 2016 Ventura Marathon in Ventura, California to hit the century mark. Ron set his 3:24:25 PR in 2000 at 37. His current total is 92 marathons and eight ultras.

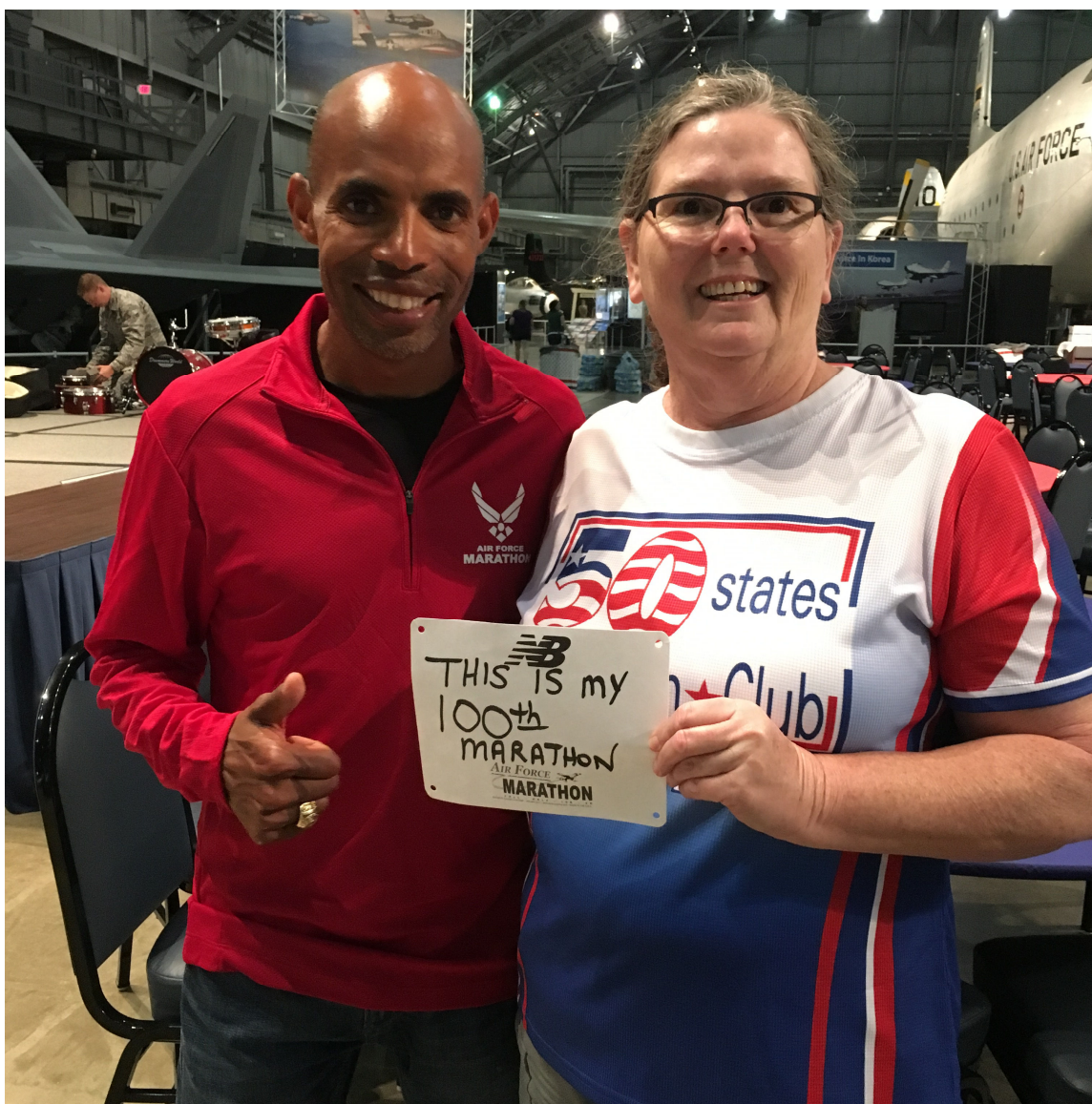
← Here's Ron pounding pavement at a recent race.



Peter Marriott of Orlando, Florida chose his hometown 2009 Disney Marathon in Orlando for his first marathon. He didn't stay home for his 100th, however, instead completing the 2016 Kaunas Marathon in Kaunas, Lithuania. Peter isn't a stranger to travelling, as his current total of 102 marathons and one ultra includes completion of 45 of the 50 states. His wife is also chasing 50 states, having run half marathons in 45 states. Many of us can relate to Peter's comment that "getting those last five states to fit in with a busy schedule is tough." Peter set his 4:06:09 PR at the 2011 Flying Pig Marathon in Cincinnati, Ohio when he was age 46. He is a member of the Orlando Runners Club.

The 1992 Los Angeles Marathon was the first marathon run by **Lori Schwartz** of Palm Harbor, Florida. The 2016 Air Force Marathon at Wright-Patterson Air Force Base in Dayton, Ohio was Lori's location of choice for completing her 100th marathon. She completed 50 states and DC at the 2015 Casper Marathon in Casper, Wyoming. Besides finisher's medals, Lori has been taking home some extra hardware too, having placed third in her age group at the 2011 Melbourne & Beaches Music Marathon in Melbourne, Florida, and second in her age group at the 2012 Parker's Marathon in Cairo, West Virginia. She set her 4:42:51 PR at the 2011 Grandma's Marathon in Duluth, Minnesota. Lori's current total is 99 marathons and one ultra. Her husband, **Mike Schwartz**, is also a 100 Marathon Club North America member.

Here's a great photo of Lori with Meb Keflezighi at last month's Air Force Marathon:



The addition of Jack, Ron, Peter, and Lori boosts 100 Marathon Club North America membership total to 533.

MEMBER UPDATES

Kevin Brosi of Flower Mound, Texas completed his 400th marathon last weekend at the 2016 Quad Cities Marathon in Moline, Illinois.

Happy birthday greetings to 100 Marathon Club North America co-founder and co-director **Bob Dolphin** who turns 87 on October 4th!

The 2016 Bayshore Marathon in Traverse City, Michigan was the race **Don Kern** of Grand Rapids, Michigan chose for his 300th marathon. Check out the “Upcoming Events Directed By Club Members” on the first page listing several of the races where Don serves as race director.

ROSTER UPDATES AND NEWSLETTER PRODUCTION

100 Marathon Club North America roster updates, and the monthly newsletters are produced by Ron and Nancy Fowler. Completed updates are forwarded to Tony Phillippi for posting on the 100 Marathon Club North America pages, hosted on the Marathon Maniacs’ web site. Thank you for your ongoing and much-appreciated support, Tony!

Please send roster updates to both of these EMail addresses:

★ Bob and Lenore Dolphin: dolphinmteam@earthlink.net

★ Ron and Nancy Fowler: SodaBottles@yahoo.com

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