100 MARATHON CLUB NORTH AMERICA

Newsletter #41 – March 1, 2015

100 MARATHON CLUB NORTH AMERICA REUNION MEETING

This year's 100 Marathon Club North America reunion meeting is scheduled for Friday, March 27, 2015. Our gathering will commence at 1600 in the Senior Room (behind the stage) at the Selah Civic Center, 216 South First Street, Selah, Washington. All 100 Marathon Club North America members attending and/or participating in the 15th annual Yakima River Canyon Marathon on Saturday, March 28, 2015 are encouraged to attend the club meeting and stay for the pre-race pasta meal which starts at 1700. This year's guest speaker at the pasta meal is Martin Rudow, the recently retired editor and publisher of *Northwest Runner* magazine. Martin will be sharing some of his amazing life experiences and reminiscing with photos of his involvement in previous Yakima River Canyon Marathons. Be there!

UPCOMING EVENTS DIRECTED BY CLUB MEMBERS

03-28-15 – Yakima River Canyon Marathon, Ellensburg to Selah, WA – **Bob and Lenore Dolphin**

05-03-15 – Tacoma City Marathon, Tacoma, WA – Tony Phillippi

06-06-15 - Green River Marathon, Kent to Seattle, WA - Steve Barrick

09-13-15 - Skagit Flats Marathon, Burlington, WA - Terry and Delores Sentinella

Attention 100 Marathon Club North America member marathon and ultra race directors: to publicize your event(s) in this newsletter, please send us information about your race(s).

100 MARATHON CLUB NORTH AMERICA SUPPORT

The 100 Marathon Club North America has no dues. Club expenses are met by donations and the small profit generated from the sale of shirts, pins (in increments of 100), and personalized medallions. Please contact us if you are interested in making a purchase.

OFFICIAL 100 MARATHON CLUB NORTH AMERICA SINGLETS AVAILABLE ON-LINE!

Men's and women's specific 100 Marathon Club North America singlets are pictured and available for ordering via the "Maniac Gear/Dues" portion of MarathonManiacs.com. These very attractive, blue and white shirts were professionally designed and feature images of both United States and Canadian flags. Check them out and order yours today!

WELCOME NEW MEMBERS!

The recent distribution of Newsletter #40 resulted in a flurry of EMail updates, including a short note from **Clay Shaw** in York, Pennsylvania. He completed 50 states and DC for the second time at the 2014 King Salmon Marathon in Cordova, Alaska. After the race he gave fellow 100 Marathon Club North America member **Henry Rueden** of De Pere, Wisconsin a ride to the airport. Clay also mentioned his total is now "at 191 marathons, and **Karen Mitchell** is at 107." Say, what? Karen hadn't yet signed up for the club! A couple of quick EMail exchanges later, her application had been received. The 1987 Harrisburg (PA) Marathon was Karen's first, and she notched her 100th at the 2012 Humboldt (CA) Redwoods Marathon. She finished 50 states and DC in Anchorage, Alaska in 2011 and has logged races in 12 countries so far. Karen won the Nanisivik Marathon in Nunavut, Canada (Northwest Territories at that time) in 1997 and 1998. She set her 3:27 PR in 1996 at age 45. A member of the York Road Runners Club, Karen's current total is 105 marathons and two ultras.

Mike Schwartz of Palm Harbor, Florida ran the 1992 Los Angeles Marathon as his first marathon. The 2015 First Light Marathon in Mobile, Alabama was his 100th. His current total is now 102 marathons. Mike established his 4:05:58 PR in 1999 at age 40.

The 2003 Cherry Blossom Marathon in Macon, Georgia was the first marathon for **Cyrus Rhode**, and the 2012 Chickamauga Battlefield Marathon at Fort Oglethorpe, Georgia marked his 100th. In between he has been plenty busy, completing 50 states and DC and seven continents in 2012. He has since boosted his current total to 124 marathons and two ultras. One of those ultras was the 2012 Comrades 89K in South Africa where he earned a bronze medal. Cecil is a member of the Chattanooga Track Club, and set his 3:44:14 PR in 2009 at age 65. He has qualified for Boston annually since 2004, and is enjoying riding a streak of 12 consecutive Boston finishes.

The addition of Karen, Mike, and Cyrus boosts the 100 Marathon Club North America membership grand total to 463.

MEMBER UPDATES

Our very own **Lenore Dolphin**, half of the world's oldest marathon race director team and co-director of the North America 100 Marathon Club, joined husband **Bob Dolphin** and additional family members to celebrate her 85th birthday on February 27th. Happy birthday, Lenore!

Carol Goslin of Kansas City, Missouri completed 50 states and DC for the fourth time at Maui, Hawaii in September, 2014. Her current marathon total is 294 and she is on track to notch #300 at the Vancouver USA Marathon in Vancouver, Washington this June.

Recently retired **Bob Lehew** is currently living in Dallas, Texas but giving thought to moving to Naples, Florida. He plans to toe the line in Boston in April for the 29th consecutive time.

Completion of the 2015 Surf City USA Marathon in Huntington Beach, California boosted the combined total for **Jon and Sherry Mahoney** of Vancouver, British Columbia, Canada to over 700 marathons! Sherry ran her 200th last year on Easter Island, and Jon is closing in on his 500th. We are looking forward to seeing them both at the 2015 Yakima River Canyon Marathon on March 28th.

George Southgate of Calhoun, Georgia has boosted his total number of marathons and ultras to 222 at year end 2014.

KEEP THOSE UPDATES COMING!

Please review your roster listing and send updates to both of these EMail addresses:

- ★ Bob and Lenore Dolphin: dolphinmteam@earthlink.net
- ★ Ron and Nancy Fowler: <u>SodaBottles@yahoo.com</u>

Bob and Lenore Dolphin 10519 126th Avenue S.E. Renton, WA 98056 (425) 226-1518, Renton (509) 966-0188, Yakima (425) 681-0154, Cell

Ron and Nancy Fowler PO Box 158 Littlerock WA 98556-0158