

100 MARATHON CLUB NORTH AMERICA

Newsletter #33 – January 3, 2014

WELCOME to Club Members 408-429

The Outer Banks Marathon at Kitty Hawk, North Carolina, on November 9, 2008, was the first marathon for Marathon Maniac (MM) #5182 **Scot Barco** (Arlington, Virginia). This race was also the one for his 100th marathon on November 11, 2013. He reached his **10 Star Titanium** MM goal at the Honolulu Marathon on December 9, 2012. ***That was the same day he married his wife Sandy Hugil near Mile 6. Then they finished the last 20 miles as a married couple!*** Sandy surprised him with a 100 Marathon Club medallion, T-shirt and “100” pin after he finished #100. Scot achieved his goal of running 52 marathons/ 50K’s in 50 weeks across the U.S. and Canada on February 17, 2013, at the Miracle Marathon in Birmingham, Alabama, where he earned a new PR of 5:00:15 at age 41.

The first marathon for **Gary Circosta** (Rutland, Massachusetts) was the Hudson Marathon at Mohawk, New York, in 1995, and his 100th marathon was at Boston in 2008. He ran his PR of 3:16 in 1997 at the age of 50. As of now his marathon total is 128.

MM #6278 **Ellen Cottom** (Lady Lake, Florida and the U.K) ran the Clermont Marathon in Clermont, Florida, on February 18, 2006, as her first and the Good Friday Marathon in Stratford Upon Avon, England, on March 29, 2013, was her 100th. She has a total of 96 marathons and 44 ultras with a PR of 3:49 set on November 9, 2013, at age 39. Currently, she is working and living in the United Kingdom and belongs to the 100 Marathon Club UK. She has run marathons in Florida, New York and the countries of England, Wales, Scotland and Iceland. She is most proud of her three 100 mile races that she completed in 2013, **the third being a sub 24!**

The Jersey Shore Marathon at Long Branch, New Jersey on April 28, 2001, was the first marathon for MM #926 **Alexis Davidson** (Brooklyn, New York), and his 100th was the Blue Nose Marathon at Halifax, Nova Scotia, on May 22, 2011. He has a total of 166 marathons/ultras with a PR of 4:36:04 that he set at age 53.at the Shamrock Marathon in Virginia Beach, Virginia. That was also the walk course record for this marathon. Alexis became a **STATES FINISHER** at the OBX Marathon at Outer Banks, North Carolina and will become a **TWO-TIME FINISHER** in 2014. He has walked at least one marathon in 61 states/DC/provinces in under 5 hours since turning 50. He may be the only person to do both the racewalk and road 50K championships when he did this in 2010.

The Aids Marathon in San Francisco, California, on November 17, 2001, was the first for MM #243 **Richard Ervais** (San Francisco, CA), and the April 15, 2013, Boston Marathon was #100. He became a **7 CONTINENTS FINISHER** on July 5, 2009, at the Gold Coast Marathon in Australia. He has a total of 104 marathons and 4 ultras, and his PR of

3:28:56 was set on November 2, 2008, at the age of 48. He's proud to be "running around the world with **Zander Ross**."

MM #2574 **Lien James** (Washington, DC) became a **50 STATES FINISHER** on June 25, 2011, at Pacific Crest, Oregon. She had run marathon #1 on October 28, 2001, at the Marine Corps Marathon and then ran #100 just one day short of 12 years later at the same race in her home town on October 27, 2013. That day she carried her new 100 Marathon Club medallion with her during the race and was wearing it along with her finishers medal in the pictures at the finish area. It was her 12th Marine Corps Marathon in 12 years and to honor her for her 12th and 100th she was given bib #12100! Lien had special "Celebrating Lien's 100th Marathon" T-shirts made for her family and friends. On the back was printed, "First marathon at age 50," "Completed JFK 50 Miler at age 56," "Completed a marathon in all 50 states by age 60" and "Completed 100th marathon by age 62".

The Seattle Marathon on November 29, 1998, was the first marathon for MM #2047 **Laura Johnson** (Vashon, Washington), and the same race on December 1, 2013, was her 100th. Her special accomplishments include 6 doubles, 6 triples, 1 quadzilla and 1 50 Miler! She's run a total of 101 marathons and 9 ultras, and her PR of 3:57:26 was set on May 19, 2002, at age of 39.

The Marine Corps Marathon in Washington, DC, on October 27, 2002, and eleven years later on October 27, 2013, were #1 and #100 for **10 Star** MM **Julia Khvasechko** (New York, NY). She'll become a STATES FINISHER on January 19, 2014, at the Maui Oceanfront Marathon. She paces a great deal of marathons but pacing the 4:30 group of New York City Marathon in 2013 was the "crown jewels" of her running career.

MM#621 **James Kondek** (Bainbridge Island, Washington) ran his first marathon, the Seattle Marathon, on November 22, 2000, and his 100th marathon, the Vancouver USA Marathon on June 16, 2013. He has a total of 97 marathons and 6 ultras with a PR of 3:38:41 set on June 10, 2007, at the age of 51.

Wendell Lafave (Williamstown, Ontario...Canada) ran his first marathon on September 23, 1984, at the Montreal International Marathon. His 100th on November 30, 2013, was the NCR Trail Marathon at Sparks, North Dakota. His PR of 3:31:29 was set **at his first marathon** at the age of 35. He became a **STATES FINISHER** on December 11, 2011, at the Honolulu Marathon and has completed 28 states toward his second time around. He also has ten completed provinces and four completed continents. Wendell was inducted into **The Glengarry Sports Hall of Fame** in 2013.

Wearing a Superman outfit at the Philadelphia Marathon on November 17, 2013, MM #3259 **Steven Lee** (New York, NY) completed marathon #100 that day. His first marathon was the New York City Marathon on November 5, 2006. He became a **STATES**

FINISHER at the Honolulu Marathon on December 9, 2012. His PR of 3:09:58 was set on October 7, 2012, at age 40.

David McCorquodale (Wilmington, Delaware) ran the Philadelphia Marathon on November 19, 1995, as his first and the Bay of Fundy International Marathon at Lubec, Maine, as #100. His PR of 3:21:51 was set on April 21, 1997, at age 52. His “Comments” are as follows: “The HAT run was the only ultra I have run, a number of other marathons were on trail and probably longer than 26.2, but I lump everything as marathons since I don’t intend to do another ultra. I have run a marathon in Washington, DC. (Last Plain, January 17, 1999) which was hosted by the DC Roadrunners in conjunction with their 20K Championship that year. So I should eventually join the 50 states +DC club.”

The New Jersey Shore Marathon on May 30, 2000, was number one for MM #1278 **Peggy McKean** (Neptune, New Jersey) and the Philadelphia Marathon on November 17, 2013, was #100. She became a **STATES FINISHER** on September 26, 2010, at Omaha, Nebraska. In addition to 100 marathons she’s completed two ultras. Her PR of 4:12:22 was set on November 5, 2000, at the New York City Marathon at age 30.

MM #3661 **William Morton** (Brighton, Colorado) became a **STATES FINISHER** at the Boston Marathon on April 20, 2009, with **exactly 50 marathons** and a **TWO-TIME FINISHER** in Chicago **with exactly 100 marathons!** (“2 majors and maximum efficiency.”) His first and 100th marathons were the same race, the Chicago Marathon on October 7, 2001, and October 13, 2013. His PR of 4:25:53 was set on October 7, 2001, at age 41. He had arthroscopic hip surgery after marathon #85 and rehabbed in one year. He was diagnosed with melanoma while preparing for #100. Successful surgery! An e-mail to us was signed, “Bill ‘I’m not loitering, this is my normal pace’ Morton.” The P.S. said that he and his wife stayed at the same hotel where the Dolphins stayed for the 2010 Big Sur Marathon. What a memory!

MM #1793 **Tracey Newenhouse** (West Long Beach, New Jersey) ran her first marathon on September 29, 1985, at Portland, Oregon, and her 100th on June 15, 2013, at Pennypack Park, Pennsylvania. Her PR of 4:19 was set on November 1, 1992, at age 31. By November of 2013 her totals were 102 marathons and 4 ultras.

The Ottawa Marathon on May 11, 2002, was the first for MM #791 **Charles Oatman** (Mississauga, Ontario....Canada), and the Toronto Waterfront Marathon on September 20, 2013, was #100. He has a total of 100 marathons and 14 ultras, and his PR of 3:30:56 was set on May 13, 2003, at the age of 51.

MM #627 **Zander Ross** (New York, NY) became a **CONTINENT FINISHER** at the Antarctica Marathon on March 7, 2010. The San Francisco Marathon on July 9, 1995, was his first, and the JFK 50 at Hagerstown, Maryland, on November 17, 2012, was #100. His PR of 3:21:58 was set on July 5, 2009, at age 50.

The Long Island Marathon in New York on May 3, 1992, was #1 for MM #336 **Scott Sebelsky** (Camano Island, WA), and the Wattle Waddle Marathon in Seattle on Thanksgiving Day, November 28, 2013, was #100. He did his first double the next day when he completed Grandpa's Wishbone on November 29, 2013. His biggest accomplishments were: (1) Finishing in the top 10 of the 1998 Maui Marathon....and doing a sub 2:50 at Boston in 1997; (2) Winning a \$100.00 prize for second place at the East Lyme Marathon. He framed a copy of the check. His fabulous PR of 2:48:53 was set at the Hartford Marathon on October 18, 1997, at age 36.

MM #1036 **Laura Skladzinski** (New York, NY) broke the record of being the “**youngest woman to run a marathon in all 50 states**” at the Minneapolis Marathon on June 6, 2010. Her first marathon was the Key Bank Vermont City Marathon on May 25, 2008. She almost broke **Leslie Miller's** record of **being the youngest woman club member to complete 100 marathons**. At the New York City Marathon on November 3, 2013, she crossed the marathon finish line for the 100th time at the age of 28 years, 3 months and 24 days.....just 12 days short of Leslie's record of 28 years, 3 months and 12 days. Her PR of 3:48:30 was set on September 30, 2012, at age 27. Laura was honored as a 2012 Athleta (woman's division of Gap Inc.) Sponsoring Athlete.

This is the quote from MM #3364 **Luchi Sloan's** registration form: “I placed first in 50-54 at New Millennium Marathon in New Zealand and won 300 New Zealand dollars. My second marathon and 10 minutes faster than first marathon three months prior. It gave me more confidence, satisfaction, and joy in marathon running. I never liked running and was not into sports. I ran my first marathon in 2000, at age 52. Four marathons later at age 53, I qualified for the Boston Marathon. I was very proud to set a marathon quest in 2008, and completed 7 marathons on 7 continents in 7 weeks. Marathon running became a passion in my life!” Lichu lives in Clifton Park, New York, and ran the Mohawk Hudson River Marathon at Albany, New York, on October 15, 2000, as her first and the Newport Marathon in Newport, Rhode Island, on October 16, 2011, as her 100th. She became a **CONTINENT FINISHER** on March 16, 2008, at the Fin del Mundo Marathon at Ushuaia, Argentina, and a **STATES FINISHER** three months later on June 21, 2008, at the Mayor's Marathon at Anchorage, Alaska. Her PR of 3:30 was set on December 19, 2004, at the age of 56.

For his first marathon MM #4918 **Eddie Vega** (Raleigh, North Carolina) ran the City of Oaks Marathon in his hometown on November 4, 2007. His 100th marathon was the Athens Classic Marathon in Athens, Greece, on November 10, 2013. He became a **STATES FINISHER** on June 22, 2013, at the Mayors Midnight Sun Marathon in Anchorage, Alaska, and a **CONTINENT FINISHER** less than five months later at his 100th in Greece. His PR of 4:34:13 was set on December 8, 2012, at the age of 53. Here's a quote from his registration comments: “Completed 59 marathons in 43 states/countries in 365 days. Completed 20 marathons barefoot in 14 states and 6 continents including the Athens Class Marathon and 8.7 miles barefoot in Antarctica.”

The Rocket City Marathon at Huntsville, Alabama, on December 9, 2006, was #1 for MM #5457 **Mark Zaremba** (Killen, Alabama) and the City of Oaks Marathon at Raleigh, North Carolina, on November 3, 2013, was #100. He has a total of 100 marathons and 16 ultras.

CLUB MERCHANDISE

Check the website, www.100marathonclub.us. Pins, T-shirts and personalized medallions are available. The medallions cost \$20.00 plus postage. The short-sleeved, teal T-shirts and the long-sleeved, white T-shirts cost \$15.00 plus \$4.00 postage for each shirt. Pins are available in increments of 100 for a cost of \$10.00 (no added amount for postage). Please contact us if you're interested in making any purchases.

REMINISCING about the 100 MARATHON CLUB

The day after **Bob Dolphin** completed his 200th Marathon at London, England, on April 13, 1997, **Brian Doherty**, secretary of the 100 Marathon Club United Kingdom, took a train from London to St. Albans where we were staying to meet with us. He carried a huge trophy to show us when he inducted Bob into the 100 Marathon Club UK as the first American member.

A few years later after **Peter Graham** took over the job of secretary, he contacted us, asking for suggestions of marathons to run in the United States. We invited him to join us at our inaugural Yakima River Canyon Marathon on March 31, 2001, and he accepted the invitation. The day of the race he asked us to start a 100 Marathon Club here. It was decided to make it more inclusive by naming the club "100 Marathon Club North America".

As Bob says, "**Megamarathoning, mutual respect and fellowship** is the theme that holds our far-flung club together. There are no dues. Members have already paid their dues by finishing 100 or more marathons."

The number for when a person joins the club isn't their "special" identification as it is with the Marathon Maniacs, but I like to think that it's "special" that **Norm Frank** was the 100th person to become a member. Norm's goal was to become the first American to run 1,000 marathons. We had surprised him at his 900th and were looking forward to the next big milestone. But it wasn't meant to be.

He was so close when a major stroke stopped these plans. He now lives in a nursing home in Rochester, New York, and enjoys receiving the club's newsletters. He lets us know how grateful he is to hear about so many of his friends.

