

100 MARATHON CLUB NORTH AMERICA  
NEWSLETTER #31 - AUGUST 25, 2013

**1<sup>st</sup> American, Jim Simpson, Reaches 1,000 Marathons**

These words were on the cover of the 50 States Marathon Club Spring 2013 Newsletter along with a picture of **Paula Boone** (Humble, TX), and **Jim** (Huntington Beach, CA) with his new plaque that read, “**Texas Marathon.....Congratulations.....Jim Simpson.....1000<sup>th</sup> Marathon.....January 1, 2013.**”

At that same race **Dave Holmes** (Eagan, MN) ran his 150<sup>th</sup> marathon, **Darwin Weimer** (Emerald Park, Saskatchewan) ran #200 and **Frank Bartocci** (Rochester, MN) ran #500!!!

The following quotes are from Frank’s article in that newsletter, “1,000!!!! I Remember When.” “I remember when we were just a couple of ‘wild and crazy guys’ getting started...and now ‘suddenly’ Jim Simpson is celebrating the unprecedented accomplishment of being the first American to run 1000 marathons. I’ve known Jim for at least 20 years and remember some of our first races together. Since those early days, Jim has become my friend, and I believe that he has discovered the secret for living an enjoyable, simple, and satisfying life. ‘Doesn’t get any better than this,’ he will say, and we agree that we are living the dream. In runs, it’s not uncommon to see us together or with a group of runners on the course. Only now we’re helping each other to the finish: no matter the weather, the course, how we feel that particular day, I know that Jim is there, solid as ever, and we will make it to the end, no matter who has the privilege of dragging who in. We’ve estimated that we’ve run in some 200+ marathons/ultras together. I figure we’ll likely still be out there 10 years from now pushing our walkers and deciding if we are ‘racing’ to the finish.”

**CONGRATULATIONS**, Jim, on this awesome, new record!!!!

**1,000 Marathons.....Larry**

It was exciting to find the Dolphin Marathon Team pictures on the cover of the 50 States Marathon Club Summer 2013 Newsletter along with Liz Wallace (PA), **Larry Macon** (San Antonio, TX), **Steve Boone** (Humble, TX) and **Tom Brand** (Summit, NJ). The words “1,000 Marathons.....Larry” were on the front of the red singlet **Larry Macon** wore on February 24, 2013, at the Cowtown Marathon at Fort Worth, Texas, when he became the **second American to complete 1,000 marathons!!**

Over the years of volunteering at most of Bob’s races we often saw Larry, and I have a lot of good memories. Some of them are: (1) Crater Lake Marathon (Oregon) when he and

**Mike Brooks** (Danville, ME) competed to see who would be the first to finish and get a hug from me; (2) Grizzly Marathon (Choteau, MT) when I added “parking director” to my resume and surprised our friends as they arrived (pre-dawn) at the parking area prior to the race; (3) Seattle Marathon (Washington) when we met Larry’s wife at the Expo; (4) Texas Marathon (Kingwood, TX) on January 1, 2011, when we “celebrated” New Year’s Day together; (5) The get-well e-mails and good wishes over my past seven, challenging years from a busy, busy friend. **CONGRATULATIONS**, Larry, on this fantastic accomplishment!!!!

### **Noriko Sakota’s 1,000<sup>th</sup> Marathon**

Japan 100 Marathon Joyful Running Club member #515 Noriko Sakota, 67, celebrated the running of her 1,000<sup>th</sup> marathon on August 11, 2013, at the “Noriko Sakota 1,000 Marathon Special Hiratsuka-Enoshima Maranic #32.” This race from Hiratsuka to Enoshima Island was one of the several monthly marathons regularly scheduled by the Joyful Running Club. The “maranic” designation indicates a picnic lunch at the halfway turnaround across the short causeway to Enoshima Island. There’s a two-mile section of hard-packed sandy beach approaching this causeway and a view of Mt. Fuji backdrop on the way back. Club member **Jon Gissberg** (Seattle, WA) ran this marathon in 2009 and was in Japan this time to help with the post-race events in honor of Noriko.

### **Hannover Marathon, May 5, 2013.....Fenny Robert’s Story**

Leaving the U.S. on Monday, April 29, 2013, I arrived in Amsterdam, Holland early on Tuesday morning and was greeted by my relatives Joyce and Freek Libosan, Winny and Harm Horeman and Yvonne Siwalette. It was awesome to reconnect with my relatives and even squeeze in a trip to the windy tulip farm in Den Helder.

Freek was immensely computer helpful for getting information on how to get to Hannover safely by car on Friday, etc. I spent the night at the Thuringer Hof City Hotel where **Christian Hottas** had made arrangements months in advance for marathoners to reserve rooms.

This marathon was a celebration of Christian’s 2,000<sup>th</sup> marathon/ultra, so 100 Marathon Club runners were invited to be part of his “A” and “B” escort teams. Breakfast on Saturday was a time to connect with other marathoners, and I sat with a couple from Denmark. We shared runners’ diets, methods of running (Chi Running was one) and running stories. Marathoners are very friendly people. I had fun meeting Christian, Claudia who lives in Germany but works in Holland, Andreas, Jan and many other German marathoners.

During a training run around the lake that morning I met a couple of Dutch marathon pacers. Because it was cold, I was wearing tights, a long-sleeved shirt and a windbreaker. The Dutch runners informed me not to wear a long-sleeved shirt the next morning at the race because the temperature was predicted to get to 80 degrees. They were right! Saturday night at the pasta feed we had our pictures taken with Christian.

Sunday morning I wore my black skort, my golden yellow A-team escort shirt and a trash sack to keep me warm until the race started. Before the race, Claudia and I got rid of our drop bags. In addition to some dry clothes, mine had the certificate for Christian that Cheri Pompeo from our 100 Marathon Club had sent with me.....and my "German speech."

Then we headed off to our 8:00 a.m. meeting place with Christian and the rest of the A Team. Claudia mentioned that they were announcing my name and country.

During the race we saw various historical buildings and colorful houses with gold or red trimming that reminded me of Bend, Oregon. Many spectators lined the streets, and we were stopped numerous times by photographers and newsmen. Christian tried to keep the group all running together. We chatted, shared stories, ate watermelon out of cups, laughed and were running as relaxed participants. Some German runners would sing "Old McDonald" to me! There were times we stopped to allow others of our escort team to catch up with us.

During the second half of the marathon **Gina Little and Roger Biggs**, representing the UK 100 Marathon Club, ran with me at times. There were many runners from other countries, too, to help Christian celebrate.

The after-race party included a speech from the city's mayor. Following that was my speech in German and the presentation of the special certificate from our club to Christian. A T-shirt, special pin and medallion had been previously mailed to him. Roger then presented a T-shirt from the UK club. There were many hugs, congratulations and a toast before the delicious meal. Everyone had a good time! My relatives had accompanied me to Hannover, so we had a chance to visit some more, do some sightseeing and attend an open market sale.

THANKS to all who made it possible for me to attend this celebration event. Special thanks to Bob & Lenore Dolphin, Jan Stensland, Christian Hottas, 100 Marathon Club North America, WVRR and, of course, my relatives.

\*\*\*\*\*

Written by **Fenny Roberts**, Salem, Oregon, who represented the 100 Marathon Club North America at the Hannover Marathon celebration for Christian Hottas. She was born in Dutch Indonesia, is proud to be a naturalized American citizen and speaks German, Dutch and English.

## WELCOME TO CLUB MEMBERS #398 TO #406

The first marathon for Marathon Maniac (MM) #7427 **William Bachicha** (Rocklin, CA) was the Central California Marathon at Fresno, California, on November 20, 1982, and the San Francisco Marathon on July 25, 2010, was #100. He currently has a total of 123 marathons with a Personal Record (PR) of 3:25:13 set on December 6, 1992, at the age of 29. He “enjoys running marathons with minimal training of 4.5 to 13.0 miles per week.”

The 1991 New York City Marathon was the first for MM **Domitilia Dos Santos** (New York, NY). He’s a member of the 50 States Marathon Club and the 50 States & DC Group who ran his 200<sup>th</sup> marathon at the 2013 marathon in Memphis, Tennessee.

The second club member from Sweden is **Anders Forselius** of Ljusdal. The Stockholm Marathon on June 7, 1986, was his first marathon and his second and third were the Stockholm Marathons in 1987 and 1988. Marathon #4 was the Vancouver Marathon in Canada on May 7, 1996.....and #100 was the Luxembourg Marathon on June 8, 2013, at Luxembourg. At the age of 44 he set his PR of 3:04:15 on November 12, 2011, at the Richmond Marathon in Virginia.

Fred’s Marathon at Devon, Massachusetts, on April 20, 1997, was the first marathon for MM **Andy Fritz** (Olympia, WA), and the Transcendence 12 Hour Race in his home town of Olympia on August 11, 2013, was #100. He has a total of 17 ultras and 83 regular marathons with a PR of 3:48:01 set on June 27, 2009, 17 days before his 43<sup>rd</sup> birthday. He’s a legacy runner at the Bellingham Bay Marathon...all six years that it has been run.

MM #949 **Mark Haley** (Ft. Worth, TX) ran his first marathon at the Charlotte Run for Peace Marathon on January 16, 1999. Thirteen years later on February 26, 2012, he completed #100 at the Cowtown Marathon in Ft. Worth. He set his PR of 3:23:15 on November 14, 1999, at the age of 29. Currently, he has a total of 112 completed marathons.

The Flying Pig Marathon on May 6, 2001, was #1 for MM #4687 **Bob Kennedy** (Durham, NH), and the Casper Marathon in Wyoming on June 2, 2013, was #100. Currently, he has a total of three ultras and 97 marathons with a PR of 3:46:48 set on October 1, 2011, at the age of 63. He became a 50 States FINISHER on November 18, 2012, at the Route 66 Marathon in Tulsa, Oklahoma. He’s a MM at the **10 Star Level** and is a 50 Sub 4 Club member with 42 states under 4 hours over the age of 60. He’s the senior record holder for the Nantucket Rock Run (50 mile beach run).

“Maryland’s marathon man goes for race #100 on continent #7” was a headline in the June 20, 2013, Baltimore Sun. The article was about **Steve Neibergall** (Annapolis, MD) and his running career. On July 10, 2013, the New York Daily News had a good story with a headline that read, “Marathon man Steve Neibergall completes 100<sup>th</sup> marathon in Kenya and has now run a race on all 7 continents.” The first contact we had with Steve was two years ago when he inquired about the 100 Marathon Club and was added to our mailing list on August 13, 2011, as a “Wannabe” to receive the club newsletters. He had run his first marathon, the Rock ‘n’ Roll Arizona at Phoenix on January 9, 2005, and set a goal to reach his 100<sup>th</sup> “by the end of 2013.” In the meantime, he set his PR of 3:27:06 at Austin, Texas, on February 18, 2007, at the age of 46 and became a 50 States FINISHER on October 23, 2011, at the On the Road for Education Marathon at Mason City, Iowa. He started adding “continents” so that June 29, 2013, became an **extra special day** for him when he met his 100 marathon goal at the Safricon Marathon in Kenya, Africa, and completed the **7 Continents** on the same day!!!

The first marathon for MM #1883 **Jc Santa Teresa** (Nanuet, NY) was the November 2000 New York City Marathon on the East Coast. Her 100<sup>th</sup> marathon on the West Coast was the Tacoma City Marathon at Tacoma, Washington, on May 5, 2013. She set her PR of 3:27 on October 10, 2004, at the age of 41. Listed among her “records, awards etc.” are the following: (1) Ran 10 marathons in different states in 10 days (DC-CA-TX-OK-KS-CO-NM-NJ-VA-NY); (2) Ran marathons on three continents (South America, Antarctica and North America) in 6 days; (3) Ran 43 states in 365 days from 2011 to 2012; (4) Ran 53 marathons in 365 days from 2012 to 2013; (5) Awarded inspirational runner for 2012 by the Rockland Road Runners Club. She planned to become a 50 States FINISHER at the Anchorage Marathon in June (2013) and will complete the “7 Continents” in Ethiopia in October.

Dallas, Texas, on December 4, 1991, was the location of the first marathon for MM #1383 **Clyde Shank** (Plano, TX), and on May 26, 2013 it was the same marathon for his 100<sup>th</sup>. He became “**7 Continents FINISHER #120**” on May 20, 2006, when he completed the Great Wall of China Marathon. He was the 14<sup>th</sup> person in the world to complete a marathon on all 7 continents and the North Pole (Grand Slam Club) and the 4<sup>th</sup> person in the world to complete a marathon on the North Pole, all 7 continents twice and all 50 states.

**A Special Message from Bob Dolphin:** Encourage your non-member friends who have run/walked 100 or more marathons/ultramarathons to join our club. **Megamarathoning, mutual respect and fellowship** is the theme that holds our far-flung club together. Tell them there are no dues. They have already paid their dues by finishing 100 or more marathons.

## **UPCOMING EVENTS – Marathons directed by club members.**

Sept. 8, 2013 – Skagit Flats Marathon, Burlington, WA, **Terry Sentinella**  
Sept. 14, 2013 – 7<sup>th</sup> Abebe Bikila Day International Peace Marathon/Half, Washington, DC, **Jay Wind**  
Sept. 16-20, 2013 – Center of the Nations (ND, SD, WY, MT, NE), **Clint Burleson**  
Oct. 20, 2013 – Grand Rapids Marathon, Grand Rapids, MI, **Don Kern**  
Oct. 31- Nov. 3, 2013 – Day of the Dead 4 Days, Las Cruces, NM, **Clint Burleson**  
Nov. 17, 2013 – Potomac River Run Marathon/Half, Carderock, MD, **Jay Wind**  
Dec. 26, 2013-Jan. 1, 2014 – Savage Seven, Winter Springs, FL, **Bette Wailes**  
Jan. 1, 2014 – Texas Marathon, Kingwood, TX, **Paula & Steve Boone**  
Jan. 25, 2014 – Kahtoola Wasatch Winter 50K, Midway, UT, **John Bozung**  
Feb. 2, 2014 – Groundhog Day, Grand Rapids, MI, **Don Kern**  
Apr. 5, 2014 – Yakima River Canyon Marathon, Ellensburg to Rural Selah, WA, **Bob & Lenore Dolphin**  
May 4, 2014 – Tacoma City Marathon, Tacoma, WA, **Tony Phillippi**  
May 4, 2014 – 11<sup>th</sup> Annual Potomac River Run Marathon/Half, Carderock, MD, **Jay Wind**  
May 18, 2014 – Windermere Marathon, Spokane, **Elaine Koga-Kennelly**  
June 7, 2014 – Green River Marathon, Kent, WA, **Steve Barrick**

**Note:** If you're a marathon race director and want your run publicized in the Newsletter, let us know and we'll make it happen.

## **ROSTER UPDATES**

On a monthly basis club member “**Cowboy Jeff**” **Bishton**” from Fort Myers Beach, Florida, is updating the roster. Please check your listing on this roster. If anything is missing or needs updating, let him and **Lenore Dolphin** know what should be added or changed. Send your future updates to Jeff at [cowboyjeff434@yahoo.com](mailto:cowboyjeff434@yahoo.com) and to Lenore at [dolphinmteam@earthlink.net](mailto:dolphinmteam@earthlink.net).

## **CLUB MERCHANDISE**

Check the website, [www.100marathonclub.us](http://www.100marathonclub.us). Pins, T-shirts and personalized medallions are available. The medallions cost \$20.00 plus postage. The short-sleeved, teal T-shirts and the long-sleeved, white T-shirts cost \$15.00 plus \$4.00 postage for each shirt. Pins are available in increments of 100 for a cost of \$10.00 (no added amount for postage). Please contact us if you're interested in making any purchases.

*Bob and Lenore Dolphin*  
*10519 126<sup>th</sup> Avenue S.E.*  
*Renton, WA 98056*  
*e-mail: [dolphinmteam@earthlink.net](mailto:dolphinmteam@earthlink.net)*

*(425)226-1518, Renton*  
*(509)966-0188, Yakima*  
*(425)681-0154, Cell*



•